# ACTUMUS

### PRODUCTS CATALOG



www.actumus.com

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# everything your body needs to regenerate CAN BE FOUND IN NATURE



### ACQUACAL

#### ACQUACAL - 180 g

A unique powdered marine algae containing an entire spectrum of plants nutriments, especially large quantities of calcium and magnesium, plus 73 traces of minerals.

#### **CHARACTERISTICS**

- ACQUACAL is a complex of algae that are traditionally used to strengthen the body. Algae in this formula have a porous character
- which render a better and easier assimilation of minerals into the
- bloodstream. Cold pressed in order to preserve its nutritional value,
- this raw plant source and completely natural calcium is a rich and
- remarkable supplement.

#### DIRECTIONS

Take 1/2 a teaspoon daily into beverage or food.

#### WARNINGS

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

Essential for the proper functioning of the body, calcium is present in abundance in nature, yet we don't have the ability to draw it out of inorganic sources as plants do. It is the plants, in their constitution, that renders the minerals accessible and easily digestible.

Acquacal is a complex of marine algae harvested from the pristine shores of a protected natural park in South America. It contains a high source of calcium, magnesium and over 70 minerals, trace elements and cofactors, which all together, creates a positive impact on the bones and the general condition of the body.

The porous nature of these algae contributes to a better dissolution during digestion, making the presence of mineral much easier into the bloodstream. Being cold pressed in order to preserve its nutritional value, this raw plant-source calcium is a completely natural, rich and remarkable supplement.

#### CAUTION





### ACQUACAL

#### ACQUACAL CAPS - 180 Caps

A unique powdered marine algae containing an entire spectrum of plants nutriments, especially large quantities of calcium and magnesium, plus 73 traces of minerals.

#### **CHARACTERISTICS**

- ACQUACAL is a complex of algae that are traditionally used to
- strengthen the body. Algae in this formula have a porous character
- which render a better and easier assimilation of minerals into the
- bloodstream. Cold pressed in order to preserve its nutritional value,
- this raw plant source and completely natural calcium is a rich and
- remarkable supplement.

#### DIRECTIONS

Take two to four capsules daily with meal.

#### WARNINGS

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

Essential for the proper functioning of the body, calcium is present in abundance in nature, yet we don't have the ability to draw it out of inorganic sources as plants do. It is the plants, in their constitution, that renders the minerals accessible and easily digestible.

Acquacal is a complex of marine algae harvested from the pristine shores of a protected natural park in South America. It contains a high source of calcium, magnesium and over 70 minerals, trace elements and cofactors, which all together, creates a positive impact on the bones and the general condition of the body.

The porous nature of these algae contributes to a better dissolution during digestion, making the presence of mineral much easier into the bloodstream. Being cold pressed in order to preserve its nutritional value, this raw plant-source calcium is a completely natural, rich and remarkable supplement.

#### CAUTION





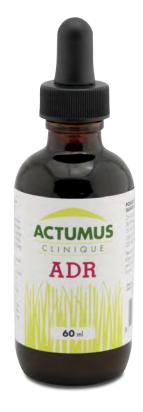


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Supports and enhances the functions of the adrenal glands.

#### **CHARACTERISTICS**

ADR contains herbs that are traditionally used to influence many body functions such as growth, reproduction, metabolism, blood pressure and blood sugar. This formula protects and revitalizes the adrenal glands, increases the body's resistance to stress and cold, as well as viral and bacterial infections. It protects the liver, increases metabolic functions and improves nutrient absorption. It helps to restore the pancreas, producer of insulin, stimulates remineralization and slows premature aging of organs. ADR has a diuretic effect which causes an increase in blood flow and its filtration by the kidneys. In women, it improves the transition into menopause as well as the quality of menstruation, breastfeeding and libido . It reduces bone loss and provides nutrients to the body throughout the pregnancy. In men, it helps to restore fertility and prostate disorders.



#### DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

#### WARNINGS

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

#### Astragalus Root

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Protector of the adrenal cortex, astragalus increases the body's resistance to stress, cold as well as viral and bacterial infections. It promotes the production and maturation of red blood cells, reducing the risk of heart disease while increasing its endurance. It regulates excessive reactions of the immune system.

#### Licorice Root

Licorice root revitalizes the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and the resistance of several viruses, it allows the evacuation of the excess mucus in the body.

#### Bayberry Root Bark

This bark promotes better blood circulation throughout the body. It improves resistance to infections and takes care of the digestive system



#### SUGGESTED USE BY WEIGHT

25-50 lbs = 1/3 dropper 50-75 lbs =  $\frac{1}{2}$  dropper 75-150 lbs = 1 dropper 150-225 lbs = 1  $\frac{1}{2}$  dropper 225-300 lbs = 2 dropper



#### Juniper Berry

Particularly antiseptic, Juniper Berry brings reinforcement to the body against various pathogens. Their removal is facilitated by stimulating peristalsis, promoting at the same time the expulsion of intestinal gas and reducing bloating and belching. It helps to restore the pancreas, the insulin producer, and at the same time, reduces abdominal pain while working on the major discomfort caused by inflammation

#### Kelp Fronds

Kelp protects and restores the stomach wall to better tolerate gastric acidity. This action improves fat metabolism, promotes the absorption of fatty tissue and overcomes associated skin problems. It regulates breathing and clears the airways. Its components allow drainage of heavy metals and radioactive waste, as well as soothing the pain of small and medium joints.

#### Alfalfa herb

Easily assimilated, one of the most nutritious foods, alfalfa protects the cells from damage and harm caused by free radicals. Powerful antioxidant, it stimulates re-mineralization, slows premature aging of the organs while regulating the blood cholesterol. A tonic for the reproductive system, alfalfa provides effective supports to menstrual cycles and the transition to menopause

#### Prickly Ash bark

Prickly Ash bark vigorously increases blood circulation which has the effect of promoting perspiration and to allow a better supply of oxygen and nutrients to all the cells of the body. Digestion is facilitated by a better expulsion of gas and less bloating, which contributes to improve the overall elimination.

#### Parsley leaf

It allows an unobstructed breathing and improves the breath. The diuretic effect of parsley causes increased blood flow and in turn, increases its filtration through the kidney. In women, it improves the quality of menstruation, breastfeeding and libido. It reduces bone loss and provides nutrients to the body throughout the pregnancy. In men, it helps to restore fertility and prostate disorders. It greatly supports all the organs of the abdomen by providing nutrition and vitality.

#### Siberian Ginseng Root

Being the regulator of the hormonal system of the body, Siberian Ginseng Root helps the body to adapt to various stresses that may occur, whether from a physical, psychological, intellectual or energetic order. By normalizing the synthesis of neurotransmitters, it stimulates cellular repair, slows the aging process, helps the muscles use oxygen and the stored energy more efficiently, which facilitates physical effort and increases the speed of recovery. It thereby regulates the amount of cholesterol in the liver and the blood, as well as blood pressure.

#### Calendula flower

Helps to circulate and clear the lymph, which aids in removing toxins, reducing the risk of swelling, preventing metastasis, while improving skin condition. Effective against all infections, it also resolves the inflammation of the digestive system while reducing the leaky gut syndrome. Calendula flower activates recovery of the liver and gallbladder.

#### Fo-ti Root

Nourishing, this herb brings energy and regenerates the body by re-mineralizing it, which helps to regulate blood cholesterol levels, lower blood pressure and increase blood sugar levels in the blood. It prevents aging by promoting longevity.

#### CAUTION



### ALKA-FORCE

ALKA-FORCE - 284 a

A remarkable blend of 5 different green grasses, all grown under ideal conditions. It provides healthy alkaline elements and extremely high levels of key nutrients (including vitamins, minerals, phytonutrients, chlorophyll and fibre).

#### **CHARACTERISTICS**

ALKA-FORCE contains herbs that are traditionally used to aid digestion and provide energy. This concentrated formula promotes cell renewal. Its high chlorophyll content makes it an antioxidant, immune stimulant, an alkalizing , detoxifying and toning for the entire body by supporting tissue regeneration and the return to equilibrium of the body. ALKA-FORCE has the property to cleanse the body and eliminate toxins and heavy metals. To improve either physical and/or intellectual health, you will notice more energy, a better look and increase memory and concentration. ALKA-FORCE helps fight against depression. It acts, in prevention or in a program, on kidney stones. It regulates intestinal functions and regulates glucose levels by reducing the sugar absorption by the intestines. It gently stimulates the lymphatic activity, it overcomes the acute or chronic diseases and toxic states in general. It is a real tonic for the nervous system and for the whole body.

### DIRECTIONS

2 teaspoons into a glass of water or juice. Do not take with hot liquids, as heat will neutralize the active enzymes.

#### WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

Wheat Grass Juice and Wheat Grass Leaf

Source of high quality nutrients, wheat grass is easily assimilated by the body. Its digestion requires very little energy, making it a food of choice for weaker people. Its concentration of vitamins, minerals, trace elements, amino acids and enzymes promotes cell renewal and the formation of red blood cells. Its high chlorophyll content makes it an antioxidant, immune system stimulant, an alkalizing, detoxifying and toning substance for the entire body by supporting tissue regeneration and the return to equilibrium of the body.





### ALKA-FORCE

#### Barley Grass Juice and Barley Grass Leaf

Thanks to its high chlorophyll concentration, barley grass is one of the most alkalizing. This complete food, rich in vitamins, minerals, amino acids and enzymes has the same pH as human breast milk. This herb has the ability to cleanse the body and eliminate toxins and heavy metals at the same time as regularizing the functions and balance of the body. To keep fit both physically and intellectually, barley grass has no comparison. Increased energy, better appearance, increased memory and concentration, barley helps to fight against depression while boosting the immune system.

#### Alfalfa Leaf Juice

ALKA-FORCE - 284 a

Easily assimilated, this food is one of the most nutritious. It protects the cells from the damage caused by free radicals. Powerful antioxidant, it stimulates re-mineralization, slows premature aging of the organs while regulating the blood cholesterol level. Reproductive system tonic, alfalfa provides effective supports to menstrual and the transition of menopause cycles. A tonic for the reproductive system, alfalfa provides effective supports to menstrual cycles and the transition to menopause.

#### **Dandelion juice**

Alkalizing and mineralizing, dandelion increases the contractility of the gallbladder and acts directly on the liver to increase the production of bile. It acts on kidney stones, either for prevention or in a cure. It regulates intestinal function and increases urinary activity. Cleansing and elimination herb, it regulates the glucose level by reducing its absorption by the intestines, while allowing the elimination of waste in the blood, thereby improving the pressure and reduces the cholesterol level. Since Dandelion gently stimulates lymphatic activity, it rectifies acute or chronic diseases and general toxic states

#### Oat Grass Juice

Useful in cases of exhaustion, malnutrition or after a weight loss, this concentrated tonic in minerals and other nourishing nutrients is beneficial to both the nervous system and the whole body. The chlorophyll it contains works the same way as blood hemoglobin which is responsible for transporting oxygen and nutrients by always prioritizing the most important places. These nutrients help to strengthen the immune system, detoxify the body, balance the excess acidity, lower cholesterol and prevent cancer. The oat grass is an interesting food to regain energy and increase endurance.

#### CAUTION



# ALOE-MAX - 946 ml

Aloe Vera juice has been used for centuries to heal the skin. Aloe Vera contains softening and soothing mucilage that protects all the mucous membranes of the digestive system from the gums inflammation to the irritation of the colon.

#### **CHARACTERISTICS**

ALOE-MAX contains aloe vera, traditionally used for its healing effect. The aloe vera allows cells involved in the immune and inflammatory response to regularize by stimulating the secretion of protective mucus to neutralize the attacks of all kinds. This food slightly stimulates appetite while containing vital nutrients and high quality. It improves the absorption and effectiveness of vitamins C and B12 by prolonging their presence in the blood and therebey increasing their potential antioxidant. Stimulating the immune system, aloe vera promotes the drainage of toxins from the liver before being eliminated by the intestines. It regulates bowel movement without causing a laxative effect, which improves digestion, reduces putrefaction, bad breath, bloating and bowel irritation. The vitality and appearance of the skin are also favored by this elimination of toxins.



#### DIRECTIONS

- Take one tablespoon (15 ml) mixed in water or juice.
- REFRIGERATE AFTER OPENING

#### WARNINGS

- Consult a healthcare practitioner before using if you are pregnan, nursing
- or consumers suffering from hypoglycemia. Could have a laxative effect.

#### **INGREDIENTS/DESCRIPTIONS**

99, 7 % Aloe Vera Juice

Used for centuries to heal the skin, aloe vera contains softening and soothing mucilage that protects all the mucous membranes of the digestive system from gum inflammation to the irritation of the colon. In addition its healing effects, it allows the cells involved in the immune and inflammatory response to regularize themselves by stimulating the secretion of protective mucus to neutralize all kinds of attacks.

This food slightly stimulates appetite while containing vital elements and nutrients of high quality. It was observed that the aloe vera improved the absorption and the effectiveness of vitamins C and B12 by prolonging their presence in blood, thereby increasing their potential antioxidant.





Stimulant to the immune system, this herb promotes the drainage of toxins from the liver before being eliminated by the intestines. It regulates bowel movement, which improves digestion, reduces putrefaction, bad breath and bloating and bowel irritation. The vitality and appearance of the skin are also favored by this elimination.

\* Cold Pressed and unpasteurized.

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#### CAUTION



### BENTONITE+

A unique blend that combines the curative properties of clay with natural mineral supplements.

#### **CHARACTERISTICS**

BENTONITE + contains white clay, traditionally used to neutralize and absorb toxins, poisons and heavy metals present in the intestine, helping to alleviate allergies, food poisoning and viral infections. Parasites are unable to reproduce in the presence of clay, which greatly promotes improved intestinal flora and the regularity of the transit. Like a dressing, bentonite clay disinfects and heals lesions throughout the gastrointestinal tract, particularly in the stomach and intestine. Its action enhances and balances the blood, reduces sore throat as well as any condition of the urinary tract and heart.

#### DIRECTIONS

- Take 1 tablespoon with a glass of water or juice twice daily.
- Shake well before using. REFRIGERATE AFTER OPENING

#### WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

#### **INGREDIENTS/DESCRIPTION**

Bentonite Clay

Extracted from the south seabed of Utah, this mineral mixture absorbs and neutralizes toxins, poisons and heavy metals present in the intestine, helping to alleviate allergies, food poisoning and viral infections. Parasites are unable to reproduce in the presence of clay, which greatly promotes improved intestinal flora. Bentonite clay calms, disinfects

and heals lesions throughout the gastrointestinal tract, particularly in the stomach and intestine. Its action has the

side effect of enriching and balancing the blood, reducing ailments of the throat as well as of the urinary tract and

the heart.

#### CAUTION







### BIO-FLO 1 - 350 g ....

A unique source of fibers that helps to harmonize the intestinal transit and gently relieve occasional constipation.

#### **CHARACTERISTICS**

BIO-FLO 1 contains herbs that are traditionally used to absorb toxins in the large intestine. Since the stools increase in volume and hydration, they are removed easily, which removes many intestinal and elimination disorders. BIO-FLO 1 soothes and strengthens the entire digestive tract. It heals ulcers, reduces gastric acidity and allows rehabilitation of intestinal transit. It has a calming effect while being slightly laxative. This formula is revitalizing for the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and several virus resistance, it allows the evacuation of the excess mucus in the body. BIO-FLO 1 also helps reduce blood cholesterol. It improves lung function, reduces the damage caused by oxidative stress and prevents the proliferation of cancer cells.

#### DIRECTIONS

- 14 years and older: One teaspoon (3.5 g) in a large glass of water or juice
- (250 ml or 8 oz), one to three times a day. Two glasses with each dose
- is ideal.

#### WARNINGS

- Consult a healthcare practitioner if symptoms persist. Always take product
- with plenty of water or juice.

#### CONTRAINDICATIONS

- If you are suffering from a bowel obstruction or a condition that could lead
- · to bowel obstruction, if you have diabetes where insulin adjustment is
- difficult, or if you are pregnant or breastfeeding.





### BIO-FLO 1 - 350 g

#### **INGREDIENTS/DESCRIPTIONS**

#### Psyllium Husk

The fibers contained in the psyllium husks absorb the water upon contact and becomes gelatinous to absorb toxins in the large intestine. Since they increase in volume and hydration, stools are removed easily, which helps with many intestinal disorders. Mucilage soothes and strengthens the entire digestive tract. It coats ulcers, reduces gastric acidity and allows rehabilitation of intestinal transit.

#### Hibiscus Flower Powder

This flower contains substances such as pectin and mucilage that have a calming effect while being slightly laxative. In addition to holding slimming virtues, it aids digestion and promotes drainage that offers a renewal of vitality to the body. It is also used to support elimination via the kidneys as well as to lower blood pressure.

#### Licorice Root

Licorice root revitalizes the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and the resistance of several viruses, it allows the evacuation of the excess mucus in the body.

#### Slippery Elm Bark

With its softness and nutrition aspect, slippery elm is the food by excellence when no food seems to be accepted by the body. It soothes irritated and inflamed mucous membranes, which provides a calming effect on the bladder, lungs, throat and the entire digestive tract. It regulates bowel movement and stimulates the process of digestion.

#### Wild Apple Fibre

The pectin contained in the apple, particularly concentrated in the skin, has the property of forming a gel of soluble fibers. This gel absorbs intestinal toxins, heavy metals and radioactive substances, which are then eliminated faster and more easily. These soft fibers also have the ability to reduce the absorption of cholesterol and soothe inflammation. The apple peel prevents the oxidation of circulating lipids in the blood, which reduces the risk of damage to the vessels and thereby reducing blood cholesterol. It improves lung function, reduces the damage caused by oxidative stress and prevents the proliferation of cancer cells.

#### CAUTION



## BIO-FLO 1 CAPS - 240 CAPS

A unique source of fibers that helps to harmonize the intestinal transit and gently relieve occasional constipation.

#### **CHARACTERISTICS**

BIO-FLO 1 contains herbs that are traditionally used to absorb toxins in the large intestine. Since the stools increase in volume and hydration, they are removed easily, which removes many intestinal and elimination disorders. BIO-FLO 1 soothes and strengthens the entire digestive tract. It heals ulcers, reduces gastric acidity and allows rehabilitation of intestinal transit. It has a calming effect while being slightly laxative. This formula is revitalizing for the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and several virus resistance, it allows the evacuation of the excess mucus in the body. BIO-FLO 1 also helps reduce blood cholesterol. It improves lung function, reduces the damage caused by oxidative stress and prevents the proliferation of cancer cells.

#### DIRECTIONS

- 14 years and older: 3 capsules twice daily, morning and evening. Drink one
- 8-ounce (250 ml) glass of water with each dose. Two glasses with each
- dose is ideal.

#### WARNINGS

- Do not swallow capsules in dry form. Consult a healthcare practitioner if
- symptoms persist after 4 to 6 weeks. Always take product with plenty of
- water or juice.

#### CONTRAINDICATIONS

- If you are suffering from a bowel obstruction or a condition that could
- lead to bowel obstruction, if you have diabetes where insulin adjustment
- is difficult, or if you are pregnant or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

#### Psyllium Husk

The fibers contained in the psyllium husks absorb the water upon contact and becomes gelatinous to absorb toxins

- in the large intestine. Since they increase in volume and hydration, stools are removed easily, which helps with many
- intestinal disorders. Mucilage soothes and strengthens the entire digestive tract. It coats ulcers, reduces gastric
  acidity and allows rehabilitation of intestinal transit.





### BIO-FLO 1 CAPS - 240 CAPS

#### Hibiscus Flower Powder

This flower contains substances such as pectin and mucilage that have a calming effect while being slightly laxative. In addition to holding slimming virtues, it aids digestion and promotes drainage that offers a renewal of vitality to the body. It is also used to support elimination via the kidneys as well as to lower blood pressure.

#### Licorice Root

Licorice root revitalizes the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and the resistance of several viruses, it allows the evacuation of the excess mucus in the body.

#### Slippery Elm Bark

With its softness and nutrition aspect, slippery elm is the food by excellence when no food seems to be accepted by the body. It soothes irritated and inflamed mucous membranes, which provides a calming effect on the bladder, lungs, throat and the entire digestive tract. It regulates bowel movement and stimulates the process of digestion

#### Wild Apple Fibre

The pectin contained in the apple, particularly concentrated in the skin, has the property of forming a gel of soluble fibers. This gel absorbs intestinal toxins, heavy metals and radioactive substances, which are then eliminated faster and more easily. These soft fibers also have the ability to reduce the absorption of cholesterol and soothe inflammation. The apple peel prevents the oxidation of circulating lipids in the blood, which reduces the risk of damage to the vessels and thereby reducing blood cholesterol. It improves lung function, reduces the damage caused by oxidative stress and prevents the proliferation of cancer cells.

#### CAUTION



BIO-FLO 2 - 100 CAPS

Laxative to help with constipation.

#### **CHARACTERISTICS**

BIO-FLO 2 contains herbs that are traditionally used for their beneficial effects on the digestive tract. This formula restores the lining of the intestine, tones the colon and regulates bowel movements with its laxative effect. Bile production is promoted, thereby enhancing the functions of the stomach. BIO-FLO 2 allows the evacuation of the excess mucus in the body. It activates the lymphatic system to reduce any possible stagnation. By being a blood and mucus decongestant, it lowers cholesterol and reduces pain and inflammation. It fights and protects against infection and irritation of the urinary tract by increasing the volume of urine. It prevents the formation of kidney stones. In small doses, this formula stops diarrhea. At larger doses, it has a laxative effect which accelerates the motility of the colon and expels gas without causing excessive colic. It fights against parasites and bacteria that could cause infections or diarrhea. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short, it gives a boost to the body.

#### DIRECTIONS

- Adults: Take one tablet in the morning and one at bedtime.
- Allow 6 to 12 hours for laxative effect to occur. Do not use within 2 hours of another medicine.

#### WARNINGS

- Consult a healthcare practitioner if symptoms persist, if you have a kidney
- disorder or impaired liver functions, high blood pressure or are taking
- heart medications; if you are taking antihypertensive, blood thinners
- medication. Reduce dose or discontinue use if abdominal cramps,
- spasms, and/or pain occur.

#### CONTAINDICATIONS

Do not use: if you have abdominal pain, nausea, fever, vomiting, hemorrhoids or if you have stomach ulcers or inflammation or a chronic gastro-intestinal disorder; if you are taking thiazide diuretics, corticosteroids, licorice root, or other drugs that may aggravate electrolyte imbalance. Do not use if you are pregnant or breastfeeding.





### BIO-FLO 2 - 100 CAPS

#### **INGREDIENTS/DESCRIPTIONS**

#### Cascara Sagrada Bark

The digestive tract is pampered from the direct action that this bark accomplishes on the lining of the intestine. It fortifies the muscles of the colon, tones and regularizes bowel movements, by its laxative effect. More activity means better elimination, including infectious agents. Cascara Sagrada also causes an increase in bile production, improving the functions of the stomach and efficiency in cough in order to clear the airway.

#### **Buckthorn Bark**

Particularly effective on the intestinal muscle contraction, buckthorn acts on the lining of the colon by stimulating its action 8 to 12 hours after ingestion. Used against chronic constipation, it regulates the functioning of the stomach and bile secretion. This bark is also known to treat coughs.

#### Licorice Root

Licorice root revitalizes the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and the resistance of several viruses, it allows the evacuation of the excess mucus in the body.

#### **Ginger Root**

A warming spice, in addition to promoting appetite and digestion, ginger activates the lymphatic system to reduce any possible stagnation. By promoting sweating, it supports the body particularly well during a fever. Decongestant and fluidizing for the blood and mucus, it lowers cholesterol, reduces pain and inflammation. Beneficial for the entire system, ginger is useful in cases of nausea, vomiting and motion sickness.

#### **Couchgrass Rhizome**

Its action, gentle yet effective, fights and protects against infection and irritation of the urinary tract by increasing the volume of urine. Couchgrass Rhizome helps prevent the formation of kidney stones and to slow its development.

#### **Rhubarb Root**

Paradoxically, in low doses, this plant stops diarrhea in relieving intestinal mucosal inflammation. At larger doses, it has a laxative effect which accelerates the motility of the colon and expels gas without causing excessive colic. Effective in relieving stomachache, Rhubarb root stimulates the appetite. It acts on the bacteria responsible of mouth ulcers and acne localized in facial hair.

#### Cayenne Fruit

Powerful stimulant, Cayenne increases blood flow and the strength of heartbeat without making it beat too fast. Fantastic re-mineraliser, it nourishes blood vessels by restoring their elasticity. As more blood is distributed throughout the body, it then has a better nutritional intake at the cellular level, as well as a protection against damage caused by oxidation, deposits, blood clots and hardening of the arteries. It stimulates digestion and appetite, promotes absorption and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea. Its power against the invaders combined with its ability to liquefy and move matter makes it very useful for treating diseases of the lungs and throat, even when accompanied by a fever. It relieves headaches and can serve as an analgesic by blocking chemical messages of pain. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short; it gives a second life to the body.

#### CAUTION



#### BIO-FLO D BIOFLO D - 90 CAPS .....

#### Laxative that gently relieves occasional constipation.

#### **CHARACTERISTICS**

BIO-FLO D contains herbs that are traditionally used to regulate the bowel and stimulate the start of the digestion process. It calms, soothes and moisturizes, quenches thirst and calms sore throat. All the mucus membrane of the body are targeted. This formula strengthens the liver and gallbladder, allowing them to harmonize digestion, reduce congestion, facilitate the passage of stones and reduce liver pain. This results in better assimilation and better utilization of ingested food for a stronger and more balanced system. BIO-FLO D relieves the abscesses and ulcers while regulating stool consistency. It greatly reduces bloating, flatulence and cramps. Finally, it helps to circulate and to decongest the lymph, which helps remove toxins, reduce the risk of swelling and prevent metastases.

#### DIRECTIONS

- Adults : Take one tablet in the morning and one at bedtime. Allow 6 to 12
- hours for laxative effect to occur. Do not use within 2 hours of another
- medicine.

#### WARNINGS

- Consult a healthcare practitioner if symptoms persist, if you have a kidney disorder or impaired liver functions, high blood
- pressure or are taking heart medications; if you are taking antihypertensive, blood thinners medication. Reduce dose or discontinue use if abdominal cramps, spasms, and/or pain occur.

#### CONTAINDICATIONS

- Do not use: if you have abdominal pain, nausea, fever, vomiting, hemorrhoids or if you have stomach ulcers or inflammation
- or a chronic gastro-intestinal disorder; if you are taking thiazide diuretics, corticosteroids, licorice root, or other drugs that may
- aggravate electrolyte imbalance. Do not use if you are pregnant or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

- Slippery Elm Bark
- With its softness and nutrition aspect, slippery elm is the food by excellence when no food seems to be accepted by the body.
- It soothes irritated and inflamed mucous membranes, which provides a calming effect on the bladder, lungs, throat and the
- entire digestive tract. It regulates bowel movement and stimulates the process of digestion





#### BIO-FLOD BIOFLOD - 90 CAPS .....

#### Marshmallow Root

Emollient by excellence, marshmallow soothes, relieves and moisturizes. It quenches thirst, calms sore or painful throat and supports the respiratory system when affected. All mucous membranes of the body are targeted, but the urinary system has a special affinity with marshmallow root. It helps to pass kidney stones and reduce irritation.

#### Wild Yam Root

By restoring the energy and movement to the uterus, Wild Yam root acts on the entire reproductive system to relieve cramps, spasms, inflammation and pain. It helps the body to produce progesterone, significantly reducing the discomfort associated with pregnancy and menopause. By its diuretic action, it produces significant effects on joints and skin. It strengthens the liver and gallbladder; allowing them to harmonize digestion, reduce congestion, facilitate the passage of stones and reduce liver pain.

#### Mullein Leaf

Unclogging and soothing, Mullein is a plant of choice for a thorough treatment of the respiratory system, but also a unique tonic for all mucous membranes. It soothes irritation while avoiding lymphatic congestion in the upper body, which allows the organs, located in this region to operate more efficiently.

#### **Chickweed Herb**

Where all other remedies have failed, Chickweed herb calms irritation and itching of the skin. It helps to reduce joint inflammation and promotes tissue healing. This herb effectively heals respiratory diseases and aids digestion.

#### **Gentian Root**

Toning and bitter, Gentian root increases functions and secretions of the digestive system by stimulating the organs involved, including the liver and pancreas. This results in better assimilation and better utilization of ingested food for a stronger and more balanced system.

#### Plantain Leaf

This herb has the ability to disperse heat and has also the ability to decrease the production of mucus thus reducing coughs. It also helps to eliminate poisons in the blood, including mercury. The plantain is indicated for all urinary system illnesses, from the elimination of uric acid to the involuntary urination through inflammations and infections. Effective from one end to the other of the digestive tract, it repairs the lining by relieving abscesses and ulcers while regulating stool consistency.

#### **Fennel Seed**

Indicated to reduce heartburn and restore appetite, Fennel seed stimulates absorption and peristalsis of the intestine. By increasing the speed of digestion, it allows the system to better respond to indigestion and significantly reduce bloating, gases and cramps. Thanks to the components of this seed, the liver is supported in its management of fats and a possible overload often responsible for gallstones. Its action on the liver will also help to increase breast milk production while promoting its high fat content. Its relaxing action on the muscles reduces spasms that cause among others hiccups, shortness of breath, wheezing, cough and asthma. By a more efficient activity of the muco-ciliary cells, the amount of excess mucus is eliminated, which reduces sore throats and infections in the lungs and throat. At the level of the urinary system, fennel leads to a better excretion of uric acid, the dissolution of stones and alleviates irritation of the bladder and urethra. The reproductive system benefits from a stimulated libido, a growth of mammary glands and an increase in the mass of internal organs involved in reproduction.

#### Calendula Flower

Helps to circulate and clear the lymph, which aids in removing toxins, reducing the risk of swelling, preventing metastasis,

while improving skin condition. Effective against all infections, it also resolves the inflammation of the digestive system

while reducing the leaky gut syndrome. Calendula flower activates recovery of the liver and gallbladder.

#### CAUTION





#### Supports and enhances bone health.

#### CHARACTERISTICS

- BNS contains herbs that are traditionally used to soothe the pain of
- small and medium joints. This formula is mineralizing and plays a
- role in the maintenance of bones, cartilage, ligaments, connective
- tissues and even blood vessels. BNS promotes blood circulation,
- which has the effect of promoting perspiration and allowing a
- better supply of oxygen and nutrients to all cells of the body.

#### DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

#### WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

#### SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

#### **INGREDIENTS/DESCRIPTIONS**

#### Kelp

Kelp protects and restores the stomach wall to better tolerate gastric acidity. This action improves fat metabolism, promotes the absorption of fatty tissue and overcomes associated skin problems. It regulates breathing and clears the airways. Its components allow drainage of heavy metals and radioactive waste, as well as soothing the pain of small and medium joints.

#### Horsetail Grass

One of the most re-mineralizing grass its components are involved in the metabolism and maintenance of bones, cartilage, ligaments, connective tissue and even the blood vessels. Its healing effect allows the body to rebuild its skin and mucous membranes, making them stronger, more flexible and resistant, while stopping bleeding or hemorrhage. Mineral deposits are dissolved by the alkalizing action of horsetail, which is also a diuretic to stimulate the kidneys, thus promoting better elimination







#### Comfrey Leaf

Outstanding repairer, Comfrey soothes irritation of the mucous membranes of the digestive system as well as those of the respiratory tract. It allows the removal of secretions, tissue healing and a better recovery in general. From reconstruction of bone structure to the veins through the tendons, ligaments and joints, this herb does not give its place when it comes to support healing.

#### Alfalfa Herb

Easily assimilated, one of the most nutritious foods, alfalfa protects the cells from damage and harm caused by free radicals. Powerful antioxidant, it stimulates re-mineralization, slows premature aging of the organs while regulating the blood cholesterol. A tonic for the reproductive system, alfalfa provides effective supports to menstrual cycles and the transition to menopause.

#### Quassia Bark

Bitter tonic, the bark of this shrub increases the digestive capacity by stimulating bile, saliva and stomach secretions. It evokes appetite, improves the absorption and utilization of nutrients by the body, while keeping at bay diseases of the digestive tract caused by the presence of certain parasites.

#### Witch Hazel Bark

Known for toning the intestinal mucus membrane, Witch Hazel bark is a coagulant for all types of hemorrhages. It regulates bowel elimination when it is too frequent or too liquid

#### Prickly Ash Bark

Prickly Ash bark vigorously increases blood circulation which has the effect of promoting perspiration and to allow a better supply of oxygen and nutrients to all the cells of the body. Digestion is facilitated by a better expulsion of gas and less bloating, which contributes to improve the overall elimination.

#### CAUTION





:

Supports and enhances cerebral and nerve functions.

#### CHARACTERISTICS

BRN contains herbs that are traditionally used to revitalize the nervous system, enhance memory, concentration and other nerve functions. This formula slows the aging process and revitalizes the impaired functioning of the eyes and ears, including balance. It improves mental acuity affected by depression. BRN allows hypersensitive people to feel less affected by their environment. Alleviating the tendency to addiction, BRN can cope with withdrawal. This formula reduces nervous disorders such as involuntary movements, excitability, irritation, persistent fatigue and exhaustion. With its relaxing effect, it calms the states of stress, anxiety, panic, obsessive thoughts, sexual excitement, as well as headaches and pain.

#### DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

#### WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant or
- breastfeeding, suffer from hypertension or are taking anticoagulants.

#### SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

#### **INGREDIENTS/DESCRIPTIONS**

#### Gotu Kola Herb

- Revitalizing to the nervous system, Gotu Kola herb enhances memory, concentration and other nerve functions.
- By increasing the production of collagen, its healing action is useful for digestive disorders and skin conditions. Its
- anti-inflammatory effect improves the quality of joints and connective tissues as well as venous circulation. Gotu
- Kola also helps to reduce sugar levels in the blood, increases fertility and improves respiratory disorders caused by
- bronchoconstriction.







#### Ginkgo Leaf

Real stimulus, Ginkgo protects cellular integrity and slows the aging process. It allows a better neurotransmission and revitalizes the impaired functioning of the eyes and ears, including balance. Ginkgo improves memory, concentration and mental acuity afflicted by depression. By reducing the damage caused by free radicals, it helps reduce the risk of blood clots, allergic reactions and inflammation. Ginkgo strengthens blood vessels and increases blood flow to the brain and extremities, while improving blood pressure. It prevents and facilitates the recovery of damage to the heart while reducing the risk of cramps, spasms or vasoconstriction.

#### Siberian Ginseng Root

Being the regulator of the hormonal system of the body, Siberian Ginseng Root helps the body to adapt to various stresses that may occur, whether from a physical, psychological, intellectual or energetic order. By normalizing the synthesis of neurotransmitters, it stimulates cellular repair, slows the aging process, helps the muscles use oxygen and the stored energy more efficiently, which facilitates physical effort and increases the speed of recovery. It thereby regulates the amount of cholesterol in the liver and the blood, as well as blood pressure.

#### **Skullcap Herb**

Restorer of the nervous balance, Skullcap soothes or invigorates, if needed. It revitalizes the nervous system by nourishing and restoring the cells. It allows hypersensitive people to feel less affected by their environment, whether it is from an emotional, meteorological, electromagnetic or other order. By alleviating the tendency to addiction, Skullcap herb is all set to face a withdrawal. It reduces nervous disorders such as involuntary movements, excitability, irritation, persistent fatigue and exhaustion. With its relaxing effect, it calms the stress states, anxiety, panic, obsessive thoughts, sexual excitement, as well as headaches and pain. Skullcap improves memory and concentration, and offers good support to women affected by imbalances and disorders related to the reproductive system.

#### Prickly Ash Bark

Prickly Ash bark vigorously increases blood circulation which has the effect of promoting perspiration and to allow a better supply of oxygen and nutrients to all the cells of the body. Digestion is facilitated by a better expulsion of gas and less bloating, which contributes to improve the overall elimination.

#### Fragrant Bedstraw Herb

Used for the treatment of renal and biliary disorders, this herb increases the production and excretion of urine. It is an anticoagulant which has an effect on the activity of vitamin K. It is also commonly used in the case of influenza.

#### CAUTION



## CHLOROFORCE+KOOL - 500 ml

Natural healer, Chlorophyll, extracted from alfalfa sprout, that we name "Green Blood" can be compared to human blood. It contains essential elements for the body to regain its ability to regenerate.

#### **CHARACTERISTICS**

- Chloroforce+KOOL contains alfalfa that are traditionally used to
- nourish and protect cells from damage caused by free radicals.
- Powerful antioxidant, this formula promotes remineralization,
- slows premature aging or organs while regulating the blood
- cholesterol. Chloroforce+KOOL facilitates digestion and reduces at
- the same time bad breath, bloating, flatulence and belching. This
- product acts on the liver to stimulate the secretion of bile and thus
- discharge the contents of the biliary tract.

#### DIRECTIONS

- : 1 teaspoonful (5 ml) diluted in a glass of water twice a day (ideally three
- times a day) or as directed by a health practitioner.

#### WARNINGS

- To be consumed within the first 4 weeks after opening. Shake well before
- using. Keep refrigerated after opening.

#### INGREDIENTS/DESCRIPTIONS

#### Alfalfa Leaf Juice

:

Easily assimilated, this food is one of the most nutritious. It protects the cells from the damage caused by free radicals. Powerful antioxidant, it stimulates re-mineralization, slows premature aging of the organs while regulating the blood cholesterol level. Reproductive system tonic, alfalfa provides effective supports to menstrual and the transition of menopause cycles. A tonic for the reproductive system, alfalfa provides effective supports to menstrual cycles and the transition to menopause.

#### Spearmint Oil

- Spearmint is stimulating which aids with digestion. At the same time, it reduces bad breath, bloating, gases and belching. It acts on the liver to stimulate the secretion of bile and thus discharging the contents of the biliary tract. Its expectorant action aids in the elimination of excess mucus, soothe congestion and inflammation of the respiratory
- system. Spearmint helps to reduce nervousness while stimulating physiological activity.





## CHLOROFORCE+KOOL - 500 ml

- Chlorophyll is both nutritious and curative. An impressive list of its chief benefits compiled by leading herbalist Bernard Jenson includes:
- Increased red blood cell count
- Facilitates iron supply to body organs
- Combats toxins
- Improves condition of anemic patients
- Cleanses and deodorizes
- Helps purify the liver
- Promotes regular menstrual periods
- Reduces problems associated with blood sugar
- Improves condition of asthmatic patients
- Soothes varicose veins
- Reduces pain due to inflammations
- Enhances lactation
- Accelerates healing of wounds
- Suppresses body odours
- Helps wounds resist bacterial infection
- Cleanses teeth and gums
- Enhances nasal function
- Excellent as a gargle
- Helps relieve painful hemorrhoids

#### CAUTION



## CHLOROFORCE+S - 500 ml



Natural healer, Chlorophyll, extracted from alfalfa sprout, that we name "Green Blood" can be compared to human blood. It contains essential elements for the body to regain its ability to regenerate.

#### **CHARACTERISTICS**

- CHLOROFORCE+S contains afalfa that are traditionally used to
- nourish and protect cells from damage caused by free radicals.
- Powerful antioxidant, this formula promotes remineralization, slows
- premature aging of organs while regulating the blood cholesterol.

#### DIRECTIONS

- 1 teaspoonful (5 ml) diluted in a glass of water twice a day (ideally three
- times a day) or as directed by a health practitioner.

#### WARNINGS

- To be consumed within the first 4 weeks after opening. Shake well before
- using. Keep refrigerated after opening.

#### **INGREDIENTS/DESCRIPTIONS**

#### Alfalfa Leaf Juice

Easily assimilated, this food is one of the most nutritious. It protects the cells from the damage caused by free radicals. Powerful antioxidant, it stimulates re-mineralization, slows premature aging of the organs while regulating the blood cholesterol level. Reproductive system tonic, alfalfa provides effective supports to menstrual and the transition of menopause cycles. A tonic for the reproductive system, alfalfa provides effective supports to menstrual cycles and the transition to menopause.





# CHLOROFORCE+S - 500 ml

- Chlorophyll is both nutritious and curative. An impressive list of its chief benefits compiled by leading herbalist Bernard Jenson includes:
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- Soothes varicose veins
- Reduces pain due to inflammations
- Enhances lactation
- Accelerates healing of wounds
- Suppresses body odours
- Helps wounds resist bacterial infection
- Cleanses teeth and gums
- Enhances nasal function
- Excellent as a gargle
- Helps relieve painful hemorrhoids

#### CAUTION



### CIRCULEX - 60 ml

:

#### Stimulates and decongests the body.

#### **CHARACTERISTICS**

CIRCULEX contains herbs traditionally used to detoxify the tissues and bring back toxins into circulation for elimination. This formula purifies the blood, decongests lymphs and offers an environment conducive to healing the body. At the same time, it reduces the swelling of lymph nodes. It cleanses the kidneys and bladder by dissolving the stones and sediments. Slightly stimulated, the immune system promotes a gradual elimination of many carcinogens and has an effect on existing tumors by facilitating their elimination and reducing their recurrence. CIRCULEX has a cleansing and oxygenating action. It provides the body with a better nutritional intake at the cellular level, and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea.

#### DIRECTIONS

- Take 20 to 30 drops of extract in a small amount of water 3 to 4 times
- daily. Shake well before using.

#### CONTRAINDICATIONS

Avoid if known allergies to reishi mushroom.

#### WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

#### Red Clover Flowers

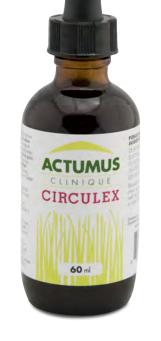
This nutritious and alkalizing flower helps to detoxify the tissues and put back the toxins into circulation for elimination. It purifies the blood, decongests the lymph and offers an environment conducive to healing the body. Known for preventing the formation of cancerous tumors, it also facilitates re-absorption. Red Clover reduced metabolic acidity and helps to protect bone mineral loss. It nourishes and soothes the nervous system by reducing twitches, anxiety and nervous weakness.

#### Cleavers

:

Lymphatic decongestant by excellence, Cleavers moves the lymph and at the same time reduces the swelling of the lymph nodes. It cleanses and heals the skin, which keeps at bay skin diseases. It does the same with kidney





#### SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- 150-225 lbs = 1 1/2 dropper
- 225-300 lbs = 2 dropper



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and bladder by dissolving stones and sediments. It strengthens and purifies the body by protecting it from serious diseases such as cancer.

#### **Burdock Root and Seed**

Powerful blood purifier, Burdock helps to detoxify the intra and extra cellular fluids. Its components have the ability to effectively neutralize the toxic elements, including radioactive isotopes. The urinary system being well supported, a clear improvement in its affections is noticed and the elimination of highly acidifying substances is facilitated. The work of Burdock is slowly and surely towards the lymphatic and intestinal decongestion. Slightly stimulated the immune system promotes a gradual elimination of many carcinogen substances and has an effect on existing tumors by enabling their elimination and reducing their recurrence. It helps to regulate glucose levels in the blood, to stop joint problems and is effective for chronic skin conditions.

#### Yellow Dock Root

One of the most assimilated iron sources by the body, Yellow Dock has the ability to decrease the amount of toxins in the blood by its cleansing and oxygenating action. Unwelcomed conditions of the skin and joints see themselves improved, the functions of the liver and intestine are stimulated, organs cleaned, and the removal is facilitated. This renewal allows the entire body to gain strength and vitality.

#### Reishi

The greatest strength of Reishi lies in its ability to generate movement in the lymphatic system. It stimulates peripheral circulation and prevents the formation of stones of all kind. With its antimicrobial properties, it can stand up to tumors, boils and abscesses. It is used in cases of cancer, HIV, venomous bites and diseases such as mumps and chickenpox. It promotes the proliferation of resistant cells and its bitterness makes it useful for improving digestive function. It improves the condition of the organs that lack tone, including the uterus and promotes the overall functioning of the female reproductive system.

#### **Red Root**

Particularly effective when it comes to the respiratory tract, Red Root evokes the elimination of secretions by stimulating a productive cough. It calms the irritation of the throat and lungs, treats asthma and restores an inflamed bowel movement. It is also known to stabilize high blood pressure.

#### Cayenne Fruit

Powerful stimulant, Cayenne increases blood flow and the strength of heartbeat without making it beat too fast. Fantastic re-mineraliser, it nourishes blood vessels by restoring their elasticity. As more blood is distributed throughout the body, it then has a better nutritional intake at the cellular level, as well as a protection against damage caused by oxidation, deposits, blood clots and hardening of the arteries. It stimulates digestion and appetite, promotes absorption and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea. Its power against the invaders combined with its ability to liquefy and move matter makes it very useful for treating diseases of the lungs and throat, even when accompanied by a fever. It relieves headaches and can serve as an analgesic by blocking chemical messages of pain. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short; it gives a second life to the body.

#### CAUTION



DIGEX - 60 ml ···

#### Supports and enhances digestion.

#### **CHARACTERISTICS**

DIGEX contains herbs that are traditionally used to alkalize and mineralize. This formula acts directly on the liver to increase the production of bile. It acts, in a prevention way or in a program, on kidney stones, while regulating bowel function and urinary activity. DIGEX promotes the cleaning and removal of toxins and soothes inflammation in the stomach. It defends the body against viruses and parasites. It promotes appetite and lymphatic circulation to reduce any possible stagnation.

#### DIRECTIONS

- Take 20 to 30 drops of extract in a small amount of water 3 to 4 times daily.
- Shake well before using.

#### WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant or
- breastfeeding.

#### SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

#### **INGREDIENTS/DESCRIPTIONS**

#### Dandelion Root

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Alkalizing and mineralizing, Dandelion increases the contractility of the gallbladder and acts directly on the liver to increase the production of bile. It acts on kidney stones either for prevention or in a cure. It regulates intestinal function and increases urinary activity. Cleansing and elimination herb, it regulates the glucose level by reducing its absorption by the intestines, while allowing the elimination of waste in the blood, thereby improving the pressure and reducing the cholesterol level. Since Dandelion gently stimulates lymphatic activity, it rectifies acute or chronic diseases and general toxic states.

#### Milk Thistle Seed

Protector and regenerator of first choice for the liver, this seed comes from a plant dedicated to this organ. By improving liver functions, the general state of the body benefits from it. Milk Thistle helps decrease and even reverses







the damage caused by alcohol, drugs, medicines and many other toxic substances. It reduces the possible effects on the liver that radiation (X-rays and chemotherapy) have. It decreases the concentration of biliary cholesterol, prevents the formation of stones and reduces inflammatory reactions. By an indirect effect, it overcomes some discomfort caused by an intoxicated liver: poor digestion, allergic reactions, migraines, psoriasis...

#### **Oregon Grape Root**

By stimulating biliary functions, Oregon Grape Root improves digestion and soothes inflammation in the stomach. It reduces the excessive secretions made by the mucous membranes, including the skin, thereby improving its appearance.

#### Black Walnut Green Hulls

Defender of choice, Black Walnut seems to be an obstacle to any organism or undesirable condition that intends to settle in humans, both internally and on the surface of the skin. All discomfort caused by the presence of invaders, from the smallest parasite to the most dazzling virus, through acne, lice, fungi and worms ... find a great opponent in this powerful plant.

#### Garlic Bulb

Medicinal plant by excellence, Garlic is effective to address a multitude of health problems. Some components are as powerful as an antibiotic, without allowing bacteria to develop resistance. It also combats viruses, yeasts and parasites in the digestive system and out on the skin. Useful as an antidote to poisonous bites or stings, Garlic is a chelating agent that neutralizes and escorts poisons out of the body. It lowers cholesterol, prevents blood cloths formation and decreasing blood pressure and glucose levels. Beneficial to sanitize the respiratory system, it also helps to stop lung and sinus infections that tend to persist.

#### **Ginger Root**

A warming spice, in addition to promoting appetite and digestion, ginger activates the lymphatic system to reduce any possible stagnation. By promoting sweating, it supports the body particularly well during a fever. Decongestant and fluidizing for the blood and mucus, it lowers cholesterol, reduces pain and inflammation. Beneficial for the entire system, ginger is useful in cases of nausea, vomiting and motion sickness.

#### Yellow Dock Root

One of the most assimilated iron sources by the body, Yellow Dock has the ability to decrease the amount of toxins in the blood by its cleansing and oxygenating action. Unwelcomed conditions of the skin and joints see themselves improved, the functions of the liver and intestine are stimulated, organs cleaned, and the removal is facilitated. This renewal allows the entire body to gain strength and vitality.

#### CAUTION



### ENDURO-MAX - 100 ml

A blend of herbs recognized to help in building strength, endurance and performance.

#### **CHARACTERISTICS**

ENRURO-MAX contains herbs that are traditionally used as a nutritional formula for athletes. This formula remedies the loss of vitality, either at a psychological or at a physical level, and keeps at bay the signs of aging and degenerative conditions. It protects the body from radiation and stimulates the immune response. This formula is one of the most nutritious, reduces constipation, joint disorders and pain memory. ENDURO-MAX helps muscles use oxygen more efficiently and the energy in reserve, which facilitates physical effort and increases the speed of recovery. It increases the body's resistance to stress, cold, as well as viral and bacterial infections. It promotes overall body endurance.

#### DIRECTIONS

Take 40 drops (2 ml) in a small amount of water twice daily. Shake well before using.



- Consult a healthcare practitioner prior to use if you are pregnant or
- breastfeeding, suffer from diabetes or are taking anticoagulants,
- digoxin or antidepressants.

#### **INGREDIENTS/DESCRIPTIONS**

#### American Ginseng Root

Like any adaptogen, American Ginseng helps the body to adapt to external changes, like for noise, altitude and jet lag. Memory and concentration increase under its effect, as well as resistance to stress, anxiety, fatigue, overwork and mild depression. By overcoming the loss of vitality, as much at a psychological level than physical, this root is best for supporting a remission following surgery, a digestive weakness or anorexia. American Ginseng promotes fertility in both men and in women. It keeps at bay the signs of aging and degenerative conditions. It protects the body from radiation, stimulates the immune response and blocks the process of fever by lowering the temperature. Its action on the cardiovascular system improves blood pressure and lowers blood cholesterol, which protects any eventual deposits on the arteries.

#### Maca Root

Stimulating tonic for the immune system as well as for the reproductive system, Maca root is one of the most nutritious foods. It acts on constipation, joint pain and memory disorders. It is often for its ability to increase fertility and sexual stamina that we use this plant. It also improves libido as well as quantity and motility of sperm. Anxiety, depression and sexual dysfunction observed in postmenopausal women are alleviated by the consumption of this root.





#### SUGGESTED USE BY WEIGHT

| 25-50 lbs = 1/3 dropper           |
|-----------------------------------|
| 50-75 lbs = $\frac{1}{2}$ dropper |
| 75-150 lbs = 1 dropper            |
| 150-225 lbs = 1 1/2 dropper       |
| 225-300 lbs = 2 dropper           |

### ENDURO-MAX - 100 ml

#### Schisandra Berries

Real tonic for the nervous system, Schisandra Berries provide the body with the necessary elements to increase the speed of reflex, improve clarity, concentration and memory. Paradoxically, its sedative effect calms, soothes and predisposes to sleep, while reducing irritability, emotionality and depressive conditions. By facilitating resistance to stress and external aggressions, it also acts on the urinary system by strengthening and stimulating it. Since this berry has the distinction to help regulate the secretions of the body, from night sweats to thirst to frequent need to urinate, its positive action on the intestine catches less attention than its potential to increase libido, tone sexual organs and increase their secretions. Finally, its action protects and treats the liver, resulting in significant purification of the blood

#### Siberian Ginseng Root

Regulator of the body's hormonal system, Siberian Ginseng Root helps the body adapt to various stresses that may occur, whether physical, psychological, intellectual or energetic order. By normalizing the synthesis of neurotransmitters, it stimulates cellular repair, slows the aging process, helps muscles use oxygen more efficiently and the stored energy, which facilitates physical effort and increases the speed of recovery. It consequently regulates hepatic and blood cholesterol levels as well as blood pressure.

#### Fo-Ti Root

Nourishing, this herb brings energy and regenerates the body by re-mineralizing it, which helps to regulate blood cholesterol levels, lower blood pressure and increase blood sugar levels in the blood. It prevents aging by promoting longevity.

#### **Stinging Nettle Herb**

Masterful herb for the whole body, Nettle restores strength, courage and vitality by stimulating the body. It lifts the spirits by working slowly but surely. It protects the kidney tissues and increase excretion of uric acid, hydrogen ions and nitrogenous wastes. This is definitely an alkalizing plant with many virtues, supporting as much of the digestive system than the respiratory and endocrine system, passing through the skin and all its conditions.

#### **Dandelion Root**

Alkalizing and mineralizing, Dandelion increases the contractility of the gallbladder and acts directly on the liver to increase the production of bile. It acts on kidney stones either for prevention or in a cure. It regulates intestinal function and increases urinary activity. Cleansing and elimination herb, it regulates the glucose level by reducing its absorption by the intestines, while allowing the elimination of waste in the blood, thereby improving the pressure and reducing the cholesterol level. Since Dandelion gently stimulates lymphatic activity, it rectifies acute or chronic diseases and general toxic states.

#### Astragalus Root

Protector of the adrenal cortex, Astragalus increases the body's resistance to stress, cold as well as viral and bacterial infections. It promotes the production and maturation of red blood cells, reducing the risk of heart disease while increasing its endurance. It regulates excessive reactions of the immune system.

#### Prickly Ash Bark

Prickly Ash bark vigorously increases blood circulation which has the effect of promoting perspiration and to allow a better supply of oxygen and nutrients to all the cells of the body. Digestion is facilitated by a better expulsion of gas and less bloating, which contributes to improve the overall elimination.

#### CAUTION



ESSENTIA - 180 CAPS

#### Supports digestion during meals.

#### **CHARACTERISTICS**

ESSENTIA contains herbs which are traditionally used to provide the enzymes involved in the degradation of proteins, sugars and fats in the intestine. It accelerates the metabolism while providing a large amount of vitamins A and C, known to reduce the risk of cardiovascular disorders, cancers and chronic diseases. This formula works great with a weight loss program, because in addition to aid digestion, it promotes the expulsion of toxins. It provides sources of enzymes that support and protect the digestive system by providing the essential elements needed to render available various nutrients present in the diet. ESSENTIA is toning and increases the functions and secretions in the digestive system by stimulating the organs involved, including the liver and pancreas. This results in better assimilation and better utilization of ingested food for a stronger and more balanced system .

#### DIRECTIONS

For adults: Take two capsules, 3 times daily, take 15 minutes before meals. For prolonged use, consult a healthcare practitioner

#### WARNINGS

- Discontinue use and consult a healthcare practitioner if: Symptoms
- persist or worsen, if you are breastfeeding, if you have allergy to latex
- or fruits (such as avocado, banana, chesnut, passion fruit, fig ,melon,
- mango, kiwi, pineapple, peach and tomato), if you have gastrointestinal
- lesions/ulcers or diabetes, or are taking anti-coaguant agents, anti-
- inflammatory agents or other enzyme products or are having a surgery.

#### CONTRAINDICATIONS

- Do not use if you are pregnant. Do not use if you have acute stomach
- irritations, inflammations and stomach or duodenal ulcers.

#### **KNOWN ADVERSE REACTIONS**

- Headhaches, heartburn, bloating and hypersensitivity (e.g. allergy) have
- been known to occur; in which case, discontinue usage.





# ESSENTIA - 180 CAPS ...

# INGREDIENTS/DESCRIPTIONS

#### Green Papaya Enzyme

Exotic fruit, Green Papaya is full of enzymes involved in the breakdown of proteins, sugars and fats in the intestine. Thus, it accelerates the metabolism while providing a large amount of vitamin A and C, known to reduce the risk of cardiovascular disorders, cancers and chronic diseases. Green Papaya goes well with a weight loss program, because in addition to aid digestion, it promotes the expulsion of toxins. It stimulates the production of female hormones, including those that affect the development of mammary glands. It also acts on the skin to lighten and moisturize it.

#### Maltodextrin (corn):

#### Enzymes

Issued from a controlled fermentation, these sources of enzymes support and protect the digestive system by providing essentials elements throw the availability of various nutrients present in the diet.

#### Amylase (Aspergillus oryzae)

Present in saliva, this enzyme is part of the process of digestion of complex carbohydrates.

#### Protease (Bacillus, Aspergillus oryzae)

The presence of these enzymes is required for the digestion of proteins.

#### Lactase (Aspergillus niger)

Naturally secreted by the intestinal mucosa, allows this enzyme digestion of lactose.

#### **Cellulase** (Aspergillus oryzae)

To degrade cellulose, the body needs the participation of this enzyme.

#### Lipase (Candida cylindracea)

Also present in the blood, this enzyme allows the digestive system to digest fat.

#### **Sprouted Quinoa**

Considered a "pseudo-grain", Quinoa is rich in iron and essential amino acids. The antioxidant potential of this seed helps prevent cancer and protect the integrity of healthy cells in the body. Quinoa promotes balanced blood and cholesterol levels as for the glucose and insulin levels. It helps maintain proper bowel function and is involved in hormone and digestive enzyme production.

#### Gentian Root

Toning and bitter, Gentian root increases functions and secretions of the digestive system by stimulating the organs involved, including the liver and pancreas. This results in better assimilation and better utilization of ingested food for a stronger and more balanced system.

# CAUTION





Supports and enhances the circulatory system.

# **CHARACTERISTICS**

FLX contains herbs traditionally used to promote better blood flow to the extremities (hands, feet, brain). This formula invigorates the veins, arteries and capillaries reducing itching, swelling, heavy leg syndrom and nocturnal calf cramps. Its anti-inflammatory action makes it the treatment of choice to prevent clot formation in the veins. Beneficial in cases of varicose veins, hemorrhoids and bruises, it acts on the coronary artery to increase blood flow to the heart and limbs, stop the inflammation of blood vessels and eliminate cholesterol deposits. FLX vigorously increases blood flow, which has the effect of promoting perspiration and allowing a better supply of oxygen and nutrients to all body cells. Fantastic remineralizor, it restores elasticity to blood vessels. It relieves headaches and can serve as an analgesic by blocking chemical pain messages. Its stimulating effect helps to eliminate fatigue, exhaustion, chills and laziness.



# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant or
- breastfeeding.

:

# **INGREDIENTS/DESCRIPTIONS**

#### Butcher's Broom Root

Known to act on the whole circulatory system, the Butcher's Broom root promotes better blood flow to the extremities (hands, feet, brain). It tones the veins, arteries and capillaries reducing itching, swelling, sensation of heavy legs and nocturnal calf cramps. Its anti-inflammatory action makes a treatment of choice in cases of hemorrhoids and can be used preventively to prevent clot formation in veins.

#### Hawthorn Berry

Plant of base for the care of the cardiovascular system, on a medium or long term, Hawthorn Berry brings to the heart all it needs to normalize and stabilize its metabolic activities and rhythm, while having the ability to reverse degenerative situations. Beneficial in cases of varicose veins, hemorrhoids and bruises, it acts on the coronary artery to increase blood flow to the heart and limbs, stop the inflammation of blood vessels and eliminate cholesterol deposits. Blood pressure is thereby regulated, contractility of the heart is increased, the system is better nourished and oxygenated, which allows a better activity. Hawthorn Berry relieves nervous insomnia and helps to better manage stress, anxiety and agitation, while facilitating the recovery during a burnout. By balancing the hormone levels, it is



#### 50-75 lbs = $\frac{1}{2}$ dropper 75-150 lbs = 1 dropper

<u>SUGGESTED USE BY WEIGHT</u>

 $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$ 

25-50 lbs = 1/3 dropper

225-300 lbs = 2 dropper



a great ally for women in pre -menopause going through the many troubles that may occur during this period. It is excellent to slow aging and support adults of all ages in an exercise program.

#### **Horse Chestnut**

Vascular tonic by excellence, it strengthens and relaxes the blood vessels improving the general condition of the veins as well as the arteries. It helps to maintain good pressure and reduce edema by increasing blood and lymphatic flow. Horse Chestnut calms the inflammation of the respiratory tract, reduces heat caused from infection, relieves joint pain and prevents nocturnal leg cramps. By acting on tissue injuries (bruises, sprains), it is also potentially suitable for the treatment of fractures. It is an antioxidant that helps protect the cells from free radicals while preventing carcinogenic substances to come into contact with them. Also an anti-poison, it acts as an antidote to alkaloids and heavy metals.

#### **Bilberry Leaf**

Effective antibacterial to treat infections of the urinary tract, Bilberry Leaf is also an effective tonic in cases of capillary fragility. It acts positively on varicose veins and hemorrhoids, and slightly lowers blood sugar.

#### Artichoke Leaf

Liver protector, Artichoke eliminates toxins and keeps infections at bay. By stimulating the secretion of bile, it reduces nausea, indigestion, bloating, calms the excess of air swallowed and rapid satiety sensation despite appetite. It regulates blood sugar and lowers blood cholesterol. Considered a diuretic and anti-rheumatic, it helps the urinary system to enhance the removal of acidifying substances.

#### Quassia Bark

Bitter tonic, the bark of this shrub increases the digestive capacity by stimulating bile, saliva and stomach secretions. It evokes appetite, improves the absorption and utilization of nutrients by the body, while keeping at bay diseases of the digestive tract caused by the presence of certain parasites.

#### Witch Hazel Bark

Known for toning the intestinal mucus membrane, Witch Hazel bark is a coagulant for all types of hemorrhages. It regulates bowel elimination when it is too frequent or too liquid.

#### **Prickly Ash Bark**

Prickly Ash bark vigorously increases blood circulation which has the effect of promoting perspiration and to allow a better supply of oxygen and nutrients to all the cells of the body. Digestion is facilitated by a better expulsion of gas and less bloating, which contributes to improve the overall elimination.

#### **Cayenne Fruit**

Powerful stimulant, Cayenne increases blood flow and the strength of heartbeat without making it beat too fast. Fantastic re-mineraliser, it nourishes blood vessels by restoring their elasticity. As more blood is distributed throughout the body, it then has a better nutritional intake at the cellular level, as well as a protection against damage caused by oxidation, deposits, blood clots and hardening of the arteries. It stimulates digestion and appetite, promotes absorption and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea. Its power against the invaders combined with its ability to liquefy and move matter makes it very useful for treating diseases of the lungs and throat, even when accompanied by a fever. It relieves headaches and can serve as an analgesic by blocking chemical messages of pain. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short; it gives a second life to the body.

# CAUTION





Supports and enhances the female reproductive system.

# **CHARACTERISTICS**

FRP contains herbs that are traditionally used to cause an increase in progesterone levels in the body to create a better balance with estrogen. This action relieves the states of swelling, pain, congestion, cramps, spasms, digestive disorders, dizziness, dryness, hot flashes, depression and that, even in the absence of ovaries. This formula activates milk production during lactation and is effective for stopping acne. It relieves urinary disorders during pregnancy and reduces morning sickness. It can serve as a tonic in late pregnancy. FRP acts favorably against infections and cysts. Its action improves fertility and restores energy and movement to the uterus.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# INGREDIENTS/DESCRIPTIONS

#### Chaste Tree Berries

This berry is a hormone regulator that supports particularly well the reproductive system. It causes an increase in the progesterone levels in the body in order to create a better balance with the estrogen. This contribution regulates the menstrual cycle, relieves discomfort related to menstruation and aids with menopause. Swelling, pain, congestion, digestive disorders, dizziness, dryness, hot flashes, depression ... Chaste Tree Berries provides significant effects for these conditions, even in the absence of ovaries. It activates milk production during lactation and is effective for stopping acne as much in women than in men. For men, it has a positive effect on premature ejaculation, impotence, and it relieves melancholy or sexual irritability while having a beneficial effect on the prostate.







# Alteris Root

Regenerator of the digestive, genital and urinary tracts, Alteris stimulates the hormone production of the ovaries, which promotes regularity and integrity of the reproductive system of women, both during the fertile period and menopause. It acts favorably against infections and cysts.

#### False Unicorn Root

Revitalizing for the reproductive organs, the False Unicorn root stimulates the pelvic circulation. In women, it causes decongestion of the uterine blood, regularity and harmony of the hormonal cycle and menstruation. It can serve as tonic late pregnancy. Its action improves fertility in both women and men, since it restores power, relieves congestion in the prostate and acts on involuntary ejaculations. This herb relieves headaches related to hormonal imbalances and aids in digestion, assimilation and stimulates appetite. It removes intestinal parasites and calms urinary irritability.

#### Saw Palmetto Berries

Stimulant, this fruit promotes the growth of body tissues. It restores tonus and allows recovery in cases of fatigue and general weakness. As powerful for women as for men, its marked effect on the adrenal glands reduces prostate enlargement in men and promote the development of breasts in women. Saw Palmetto Berries sanitizes and strengthens the urinary system.

#### Wild Yam Root

By restoring the energy and movement to the uterus, Wild Yam root acts on the entire reproductive system to relieve cramps, spasms, inflammation and pain. It helps the body to produce progesterone, significantly reducing the discomfort associated with pregnancy and menopause. By its diuretic action, it produces significant effects on joints and skin. It strengthens the liver and gallbladder; allowing them to harmonize digestion, reduce congestion, facilitate the passage of stones and reduce liver pain

#### **Red Raspberry Leaf**

A plant of base for women conditions, Red Raspberry nourishes, tones, balances and strengthens the reproductive system, while harmonizing the emotional ties associated with the mother, grandmother, sister, etc.. It relieves urinary problems, especially during pregnancy, fights against cancer cells, calms upset stomachs of children and remineralizes the body by avoiding deficiencies, dehydration and exhaustion. In addition, it acts on the digestive and respiratory mucous by soothing inflammation.

#### Black Haw Bark

More specific to painful menstruation, Black Haw Bark gives tone to a falling uterus. It normalizes heavy menstrual bleeding, reduces morning sickness and reduces at the same time the spasms and cramping that may affect the bile

ducts, digestive and urinary tracts.

# CAUTION





Supports and enhances the endocrine system.

# **CHARACTERISTICS**

GLR contains herbs that are traditionally used to balance the hormonal system of the body. This formula helps the body adapt to various stresses that may occur, whether physical, psychological, intellectual or at an energy level. Normalizing the synthesis of neurotransmitters, it stimulates cellular repair and slows aging. It particularly supports the reproductive system and regulates the menstrual cycle and softens the transition into menopause. In men, it acts positively on premature ejaculation, impotence, and it relieves melancholy or sexual irritability while having a beneficial effect on the prostate. As powerful for women than for men, its effect on adrenal glands goes to reduce prostate enlargement and promote the development of breasts in women.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# INGREDIENTS/DESCRIPTIONS

#### Siberian Ginseng Root

Being the regulator of the hormonal system of the body, Siberian Ginseng Root helps the body to adapt to various stresses that may occur, whether from a physical, psychological, intellectual or energetic order. By normalizing the synthesis of neurotransmitters, it stimulates cellular repair, slows the aging process, helps the muscles use oxygen and the stored energy more efficiently, which facilitates physical effort and increases the speed of recovery. It thereby regulates the amount of cholesterol in the liver and the blood, as well as blood pressure







# Kelp Fronds

Kelp protects and restores the stomach wall to better tolerate gastric acidity. This action improves fat metabolism, promotes the absorption of fatty tissue and overcomes associated skin problems. It regulates breathing and clears the airways. Its components allow drainage of heavy metals and radioactive waste, as well as soothing the pain of small and medium joints.

#### Astragalus Root

Protector of the adrenal cortex, Astragalus increases the body's resistance to stress, cold as well as viral and bacterial infections. It promotes the production and maturation of red blood cells, reducing the risk of heart disease while increasing its endurance. It regulates excessive reactions of the immune system.

#### **Chaste Tree Berries**

This berry is a hormone regulator that supports particularly well the reproductive system. It causes an increase in the progesterone levels in the body in order to create a better balance with the estrogen. This contribution regulates the menstrual cycle, relieves discomfort related to menstruation and aids with menopause. Swelling, pain, congestion, digestive disorders, dizziness, dryness, hot flashes, depression ... Chaste Tree Berries provides significant effects for these conditions, even in the absence of ovaries. It activates milk production during lactation and is effective for stopping acne as much in women than in men. For men, it has a positive effect on premature ejaculation, impotence, and it relieves melancholy or sexual irritability while having a beneficial effect on the prostate.

#### Saw Palmetto Berries

Stimulant, this fruit promotes the growth of body tissues. It restores tonus and allows recovery in cases of fatigue and general weakness. As powerful for women as for men, its marked effect on the adrenal glands reduces prostate enlargement in men and promote the development of breasts in women. Saw Palmetto Berries sanitizes and strengthens the urinary system.

#### Alfalfa herb

Easily assimilated, one of the most nutritious foods, alfalfa protects the cells from damage and harm caused by free radicals. Powerful antioxidant, it stimulates remineralization, slows premature aging of the organs while regulating the blood cholesterol. A tonic for the reproductive system, alfalfa provides effective supports to menstrual cycles and the transition to menopause.

#### Prickly Ash bark

Prickly Ash bark vigorously increases blood circulation which has the effect of promoting perspiration and to allow a better supply of oxygen and nutrients to all the cells of the body. Digestion is facilitated by a better expulsion of gas and less bloating, which contributes to improve the overall elimination.

# CAUTION



# **IMMU-TON SUPREME**

**IMMUTON SUPPREME - 60 ml** 

Supports and enhances the immune system.

# **CHARACTERISTICS**

IMMU-TON SUPREME contains herbs that are traditionally used to stimulate the immune system. This formula provides resistance to pathogens by blocking their access to cells. By doing so, several types of bacteria, all viruses, parasites, yeasts, malignant tumors are almost all diverted, allowing this formula to remedy all types of infection and inflammation, ranging from the joints to respiratory, throat and ears. IMMU-TON increases the body's resistance to stress, cold and regulates any strong reactions of the immune system. It acts as an antibiotic, without allowing bacteria to develop resistance. It neutralizes poisons and led out of the body and is beneficial to sanitize the respiratory system. It allows to end infections of the lungs and sinuses that tend to persist.

# DIRECTIONS

- Take 20 to 30 drops of extract in a small amount of water 3 to 4 times
- daily. Shake well before using.

# WARNINGS

- Consult a healthcare practitioner if you are pregnant or breastfeeding, or
- if you have an autoimmune disorder.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

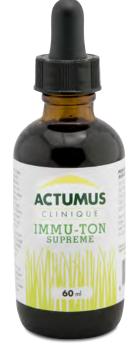
# **INGREDIENTS/DESCRIPTIONS**

Echinacea Angustifolia Root and Echinacea Purpurea Root

Remarkable stimulant for the immune system, Echinacea reminds it to be vigilant. It protects the connective tissue by stimulating its regeneration and providing a resistance to pathogens by blocking their access to the cells to allow the body to prevent their development. In this way, several types of bacteria, all viruses, parasites, yeast, malignant tumors, and even cells of transplanted organs are substantially diverted, allowing all types of infection and inflammation, might it be in joints or the respiratory tract, throat and ears to be resolved.









# **IMMU-TON SUPREME**

# Astragalus Root

**IMMUTON SUPPREME - 60 ml** 

Protector of the adrenal cortex, Astragalus increases the body's resistance to stress, cold as well as viral and bacterial infections. It promotes the production and maturation of red blood cells, reducing the risk of heart disease while increasing its endurance. It regulates excessive reactions of the immune system.

#### Garlic Bulb

Medicinal plant by excellence, Garlic is effective to address a multitude of health problems. Some components are as powerful as an antibiotic, without allowing bacteria to develop resistance. It also fights viruses, yeasts and parasites in the digestive system and on the skin. Useful as an antidote to poisonous bites or stings, Garlic is a chelating agent that neutralizes and escort poisons out of the body. It lowers cholesterol level, prevents the formation of clots and decreases tension and blood sugar levels. Beneficial to sanitize the respiratory system, it puts an end to lung and sinuses infections that tend to persist.

#### Cayenne Fruit

Powerful stimulant, Cayenne increases blood flow and the strength of heartbeat without making it beat too fast. Fantastic re-mineralizer, it nourishes blood vessels by restoring their elasticity. As more blood is distributed throughout the body, it then has a better nutritional intake at the cellular level, as well as a protection against damage caused by oxidation, deposits, blood clots and hardening of the arteries. It stimulates digestion and appetite, promotes absorption and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea. Its power against the invaders combined with its ability to liquefy and move matter makes it very useful for treating diseases of the lungs and throat, even when accompanied by a fever. It relieves headaches and can serve as an analgesic by blocking chemical messages of pain. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short; it gives a second life to the body.

# CAUTION



LYM1 - 60 ml

Supports and enhances the lymphatic system.

# **CHARACTERISTICS**

LYM1 contains herbs that are traditionally used for their eliminatory functions. This formula is expectorant, antiseptic and allows the elimination of mucus and the destruction of microbial growth. LYM1 has the ability to reduce mucus production and also helps eliminate poisons in the blood, including mercury. Being a purgative, this formula decongest the lymph and promotes the elimination of toxins. It purifies the blood and fluids inside and outside of the cell. Its components have the ability to effectively neutralize the toxic elements, including radioactive isotopes. By supporting the urinary system, it helps improve any conditions that might affect this system and the elimination of highly acidifying substances is facilitated. LYM1 stimulates the immune system which promotes a gradual elimination of many carcinogens and has an effect on existing tumors by facilitating their elimination and reducing their recurrence.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

- Do not use if pregnant or if allergic to plants of the aster/daisy/sunflower
- family (Asteraceae).

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- 150-225 lbs = 1 ½ dropper
- 225-300 lbs = 2 dropper

# **INGREDIENTS/DESCRIPTIONS**

#### Bloodroot

- Expectorant and antiseptic herb, Bloodroot promotes the elimination of bronchial mucus and destroys microbial
- growth. Combined with its antispasmodic effect, it is effective against respiratory discomfort in people with asthma







#### Plantain

By dispersing heat, this herb has the ability to decrease the production of mucus and reduce coughing. It also helps eliminate poisons present in the blood, including mercury. The plantain is indicated for ailments of the urinary system, from the elimination of uric acid to the involuntary urination through inflammations and infections. Effective from one end to the other of the digestive tract, it repairs the lining by relieving abscesses and ulcers while regulating stool consistency.

#### **Pokeweed Root**

Being a purgative, the Pokeweed decongests the lymph and promotes the elimination of toxins. Particularly effective in reducing inflammation in the joints, it contains proteins that act on viral infections, thereby reducing sore throat and swollen glands that usually accompany them.

#### Calendula flower

Helps to circulate and clear the lymph, which aids in removing toxins, reducing the risk of swelling, preventing metastasis, while improving skin condition. Effective against all infections, it also resolves the inflammation of the digestive system while reducing the leaky gut syndrome. Calendula flower activates recovery of the liver and gallbladder.

#### Wormwood

In addition to helping the body eliminate unwanted worms (roundworms and pinworms), this bitter herb increases tolerance to gastric acidity and improves the process of digestion and absorption of food. Recommended in cases of anemia, fatigue or during convalescence, Wormwood eases painful menstruations. It easily fights fever and helps with nausea caused by seasickness.

#### Burdock Root

Powerful blood purifier, Burdock helps to detoxify the intra and extra cellular fluids. Its components have the ability to effectively neutralize the toxic elements, including radioactive isotopes. The urinary system being well supported, a clear improvement in its affections is noticed and the elimination of highly acidifying substances is facilitated. The work of Burdock is slowly and surely towards the lymphatic and intestinal decongestion. Slightly stimulated the immune system promotes a gradual elimination of many carcinogen substances and has an effect on existing tumors by enabling their elimination and reducing their recurrence. It helps to regulate glucose levels in the blood, to stop joint problems and is effective for chronic skin conditions.

# CAUTION



# Supports and greatly enhances the lymphatic system.

# **CHARACTERISTICS**

LYM2 contains herbs that are traditionally used to activate the intestine and kidneys. This formula has a purgative effect and it decongests the lymph. It reduces the production of mucus and reduces swelling of the glands, cleanses and heals the skin, which keeps skin diseases at bay. It does the same with the kidneys and the bladder by dissolving the stones and sediments. LYM2 strengthens and purifies the body by protecting it from serious diseases such as cancer. Its action strongly increases blood flow, which has the effect of promoting perspiration and allowing a better supply of oxygen and nutrients to all cells of the body. Digestion is facilitated and the expulsion of gas and the decrease bloating are accompanied by an improvement in the overall elimination.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

#### WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant or
- breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# **INGREDIENTS/DESCRIPTIONS**

#### Sheep Sorrel

Being an herb of elimination, the Sheep Sorrel is purgative and diuretic, thereby activating the intestines as well as the kidneys. It is effective in long-term treatment, particularly for treating disorders of the digestive system.

#### Pokeweed Root

Being a purgative, the Pokeweed decongests the lymph and promotes the elimination of toxins. Particularly effective in reducing inflammation in the joints, it contains proteins that act on viral infections, thereby reducing sore throat and swollen glands that usually accompany them.







# Plantain Leaf

By dispersing heat, this herb has the ability to decrease the production of mucus and reduce coughing. It also helps eliminate poisons present in the blood, including mercury. The plantain is indicated for ailments of the urinary system, from the elimination of uric acid to the involuntary urination through inflammations and infections. Effective from one end to the other of the digestive tract, it repairs the lining by relieving abscesses and ulcers while regulating stool consistency.

#### **Cleavers Herb**

Lymphatic decongestant by excellence, Cleavers moves the lymph and at the same time reduces the swelling of the lymph nodes. It cleanses and heals the skin, which keeps at bay skin diseases. It does the same with kidney and bladder by dissolving stones and sediments. It strengthens and purifies the body by protecting it from serious diseases such as cancer.

#### Echinacea Angustifolia Root

Remarkable stimulant for the immune system, Echinacea reminds it to be vigilant. It protects the connective tissue by stimulating its regeneration and providing a resistance to pathogens by blocking their access to the cells to allow the body to prevent their development. In this way, several types of bacteria, all viruses, parasites, yeast, malignant tumors, and even cells of transplanted organs are substantially diverted, allowing all types of infection and inflammation, might it be in joints or the respiratory tract, throat and ears to be resolved.

#### **Red Root**

Particularly effective when it comes to the respiratory tract, Red Root evokes the elimination of secretions by stimulating a productive cough. It calms the irritation of the throat and lungs, treats asthma and restores an inflamed bowel movement. It is also known to stabilize high blood pressure.

#### White Oak Bark

Triggering factor of the immune system, this herb supports the body in eliminating toxins, especially in the case of copper, lead or mercury poisoning. Being astringent, it regulates the excessive elimination by calming the intestinal mucosa while relieving irritations of the throat and tonsils.

#### Prickly Ash Bark

Prickly Ash bark vigorously increases blood circulation which has the effect of promoting perspiration and to allow a better supply of oxygen and nutrients to all the cells of the body. Digestion is facilitated by a better expulsion of gas and loss blooting, which contributes to improve the overall alimination.

and less bloating, which contributes to improve the overall elimination.

# CAUTION





Supports and enhances the muscular system.

# **CHARACTERISTICS**

MCS contains herbs that are traditionally used to soothe and eliminate spasms and pain. This formula restores the balance of a disturbed organism. It calms palpitations, reduces emotions and excitement. It improves the quality of sleep, overcomes the muscle cramps and prevents the buildup of lactic acid in the muscles that work harder than usual while promoting muscle relaxation. In fact, it prevents and calms excessive muscle contractions, spasms and convulsions. This muscle relaxation allows a better passage of oxygen through the lungs and better expulsion of mucus. This complex promotes healing in case of an accident, withdrawal or surgery by relaxing the muscles that tends to constantly contract in order to avoid pain or to react to stress.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

#### WARNINGS

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding.

#### **INGREDIENTS/DESCRIPTIONS**

#### Wild Lettuce Herb

Once considered a magical plant, Wild Lettuce is a sedative herb that promotes sleep and dreams. Calming nervous states and even overexcitement, it also removes spasms and pain.

#### Passion flower

Used to treat asthma, Passion Flower has the ability to restore the balance of a distressed body. It calms palpitations, reduces emotionalism and excitement of anxious and overworked people. It reduces anxiety that prevents rest and improves sleep quality. Passion Flower aids in cramps, soothes toothache, menstrual pain and headaches.

#### St. John's Wort Herb and Flowers

Well suited as an emergency treatment to a long-term care, St. John's Wort is suited to deal with many nervous disorders such as depression, anxiety, irritability, sleep disorders, apathy and nervous disorders related to menopause. It is an incomparable healing agent when it comes to sunburn, burns, abrasions, sores, sprains, bruising, chaps, cracks, stings, herpes, shingles, diaper rash and even old scars. It reduces pain and prevents infections. It is also great for treating digestive disorders by reducing inflammation, healing ulcers and keep intestinal worms away. It prevents the accumulation of lactic acid in the muscles that works harder than usual while promoting muscle relaxation. It relieves menstrual pain, rectify incontinence and other urinary disorders





# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- 150-225 lbs = 1 ½ dropper
- 225-300 lbs = 2 dropper



#### Lobelia Herb

Through the nervous system, Lobelia prevents and calms excess muscle twitching, spasms and convulsions. This muscle relaxation allows a better flow of oxygen through the lungs and improved expulsion of mucus, which has a positive impact on the respiratory discomfort caused by asthma or chronic bronchitis. Recognized to chemically act like nicotine without causing dependence, Lobelia can help with quitting smoking and its withdrawals. Combined with a tonic, it helps to strengthen weak organs, especially the heart, nerves and lungs.

#### Black Haw Herb

More specific to painful menstruation, Black Haw Bark gives tone to a falling uterus. It normalizes heavy menstrual bleeding, reduces morning sickness and reduces at the same time the spasms and cramping that may affect the bile ducts, digestive and urinary tracts.

#### Wild Yam Root

By restoring the energy and movement to the uterus, Wild Yam root acts on the entire reproductive system to relieve cramps, spasms, inflammation and pain. It helps the body to produce progesterone, significantly reducing the discomfort associated with pregnancy and menopause. By its diuretic action, it produces significant effects on joints and skin. It strengthens the liver and gallbladder; allowing them to harmonize digestion, reduce congestion, facilitate the passage of stones and reduce liver pain.

#### **Scullcap Herb**

Restorer of the nervous balance, Skullcap soothes or invigorates, if needed. It revitalizes the nervous system by nourishing and restoring the cells. It allows hypersensitive people to feel less affected by their environment, whether it is from an emotional, meteorological, electromagnetic or other order. By alleviating the tendency to addiction, Skullcap herb is all set to face a withdrawal. It reduces nervous disorders such as involuntary movements, excitability, irritation, persistent fatigue and exhaustion. With its relaxing effect, it calms the stress states, anxiety, panic, obsessive thoughts, sexual excitement, as well as headaches and pain. Skullcap improves memory and concentration, and offers good support to women affected by imbalances and disorders related to the reproductive system.

#### Valerian Root

Natural sleeping aid, Valerian relaxes the central nervous system and smooth muscles. It promotes healing in case of accident, withdrawal or surgery by relaxing the muscles inclined to contract permanently to avoid pain or react to stress. It calms the tensions related to digestion and premenstrual syndrome, regulates the heart rate and lowers blood pressure when it is too high.

#### Wood Betony Herb

To support the nervous system, this herb is indicated. Whether it is for an acute or chronic disorder, it soothes and restores all aspects of the nervous system, from the brain to the peripheries. It harmonizes mood, reduces pain, tension and anxiety. This herb is suitable for those who are exhausted, depressed, following aneurysm, stroke or during a high fever. The proper functioning of the brain is greatly enhanced with this herb which also has beneficial effects on the digestive system. By repairing, harmonizing and strengthening all digestive functions, Wood Betony provides optimal assimilation of ingested food. By its action on the nervous system, it also affects the quality of menstruation and can be found useful in cases of difficult delivery.

#### **Cayenne Fruit**

Powerful stimulant, Cayenne increases blood flow and the strength of heartbeat without making it beat too fast. Fantastic re-mineralizer, it nourishes blood vessels by restoring their elasticity. As more blood is distributed throughout the body, it then has a better nutritional intake at the cellular level, as well as a protection against damage caused by oxidation, deposits, blood clots and hardening of the arteries. It stimulates digestion and appetite, promotes absorption and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea. Its power against the invaders combined with its ability to liquefy and move matter makes it very useful for treating diseases of the lungs and throat, even when accompanied by a fever. It relieves headaches and can serve as an analgesic by blocking chemical messages of pain. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short; it gives a second life to the body.

# CAUTION





# Support and enhances the male reproductive system.

# **CHARACTERISTICS**

- MRP contains herbs that are traditionally used to strengthen the
- genitals and act on testosterone to overcome premature ejaculation
- and impotence. This formula stimulates the pelvic circulation. It
- restores power and decongest the prostate. MRP has a great effect
- on the adrenal glands and reduce enlarged prostate.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant or
- breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# INGREDIENTS/DESCRIPTIONS

#### Damiana Leaf

Tonic for the genitals, this aphrodisiac acts on testosterone to overcome premature ejaculation and impotence. Damiana stimulates the body and mind in cases of nervous fatigue, mild depression or anxiety, especially when these conditions occur after a long period of stress. This tonic for the nervous system is also an effective antiseptic for diseases of the urinary system and a stimulant for the intestinal muscles.

#### False Unicorn root

Revitalizing for the reproductive organs, the False Unicorn root stimulates the pelvic circulation. In women, it causes decongestion of the uterine blood, regularity and harmony of the hormonal cycle and menstruation. It can serve as tonic late pregnancy. Its action improves fertility in both women and men, since it restores power, relieves congestion in the prostate and acts on involuntary ejaculations. This herb relieves headaches related to hormonal imbalances and aids in digestion, assimilation and stimulates appetite. It removes intestinal parasites and calms urinary irritability







# Chaste Tree Berries

This berry is a hormone regulator that supports particularly well the reproductive system. It causes an increase in the progesterone levels in the body in order to create a better balance with the estrogen. This contribution regulates the menstrual cycle, relieves discomfort related to menstruation and aids with menopause. Swelling, pain, congestion, digestive disorders, dizziness, dryness, hot flashes, depression ... Chaste Tree Berries provides significant effects for these conditions, even in the absence of ovaries. It activates milk production during lactation and is effective for stopping acne as much in women than in men. For men, it has a positive effect on premature ejaculation, impotence, and it relieves melancholy or sexual irritability while having a beneficial effect on the prostate.

#### Saw Palmetto Berries

Stimulant, this fruit promotes the growth of body tissues. It restores tonus and allows recovery in cases of fatigue and general weakness. As powerful for women as for men, its marked effect on the adrenal glands reduces prostate enlargement in men and promote the development of breasts in women. Saw Palmetto Berries sanitizes and strengthens the urinary system.

#### Siberian Ginseng Root

Being the regulator of the hormonal system of the body, Siberian Ginseng root helps the body to adapt to various stresses that may occur, whether from a physical, psychological, intellectual or energetic order. By normalizing the synthesis of neurotransmitters, it stimulates cellular repair, slows the aging process, helps the muscles use oxygen and the stored energy more efficiently, which facilitates physical effort and increases the speed of recovery. It thereby regulates the amount of cholesterol in the liver and the blood, as well as blood pressure.

# CAUTION



# NERVO-TON SUPREME - 60 ml

Supports and improves the nervous system.

# **CHARACTERISTICS**

NERVO-TON contains herbs that are traditionally used as a natural sleep aid. This formula relaxes the central nervous system. It promotes healing by relaxing the muscles who tend to contract constantly to avoid pain or reacts to stress. It calms tensions related to digestion and premenstrual syndrome, regulates the heart rate and lowers blood when it is too high. NERVO-TON has a sedative effect that calms nervous states and soothes headaches. It brings some comfort and help in case of restlessness or whimsical trend. This complex calms palpitations, reduces emotion and overexcitement of anxious and overworked people. It prevents the accumulation of lactic acid in the muscles that works harder than usual while promoting muscle relaxation. NERVO-TON revitalizes the nervous system by nourishing and replenishing the cells. It allows hypersensitive people to feel less affected by their environment and reduces the tendency to addiction. It aids weaning, whichever it may be and reduces chronic fatigue and exhaustion. It improves memory and concentration.



# DIRECTIONS

- Take 20 to 30 drops of extract in small amount of water 3 to 4 times a
- day. Shake well before using.

# **INGREDIENTS/DESCRIPTIONS**

#### Valerian Root

Natural sleeping aid, Valerian relaxes the central nervous system and smooth muscles. It promotes healing in case of accident, withdrawal or surgery by relaxing the muscles inclined to contract permanently to avoid pain or react to stress. It calms the tensions related to digestion and premenstrual syndrome, regulates the heart rate and lowers blood pressure when it is too high.

#### Hops

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Well known to fans of beer, the bitter taste of hops demonstrates that its constituents have a direct effect on appetite and digestion. It also has a sedative effect that calms nervous states, soothes headaches and relaxes the muscles by delivering the body of its spasms, colic, menstrual pain and some types of asthma. It gently brings sleep.

#### Borage

Renowned to soothe, Borage bring some comfort and help in cases of restlessness or lunatic tendency. It softens the airways, causes sweating and promotes elimination through the urinary tract, which is particularly useful in fever with rashes. Beneficial for many skin conditions, it also relieves rheumatic and premenstrual pain.



# NERVO-TON SUPREME - 60 ml

#### Passion Flower

Used to treat asthma, Passion Flower has the ability to restore the balance of a distressed body. It calms palpitations, reduces emotionalism and excitement of anxious and overworked people. It reduces anxiety that prevents rest and improves sleep quality. Passion Flower aids in cramps, soothes toothache, menstrual pain and headaches.

#### St. John's Wort

Well suited as an emergency treatment to a long-term care, St. John's Wort is suited to deal with many nervous disorders such as depression, anxiety, irritability, sleep disorders, apathy and nervous disorders related to menopause. It is an incomparable healing agent when it comes to sunburn, burns, abrasions, sores, sprains, bruising, chaps, cracks, stings, herpes, shingles, diaper rash and even old scars. It reduces pain and prevents infections. It is also great for treating digestive disorders by reducing inflammation, healing ulcers and keep intestinal worms away. It prevents the accumulation of lactic acid in the muscles that works harder than usual while promoting muscle relaxation. It relieves menstrual pain, rectify incontinence and other urinary disorders.

#### Oat Seed

Little nutritious treasure, Oat Seed easily fulfills deficiencies and metabolic disorders. In addition to being overflowing with alkalizing minerals, it improves their absorption which allows the restoration of nerves, bones, cartilage, hair, nails and teeth. It can be stimulating or sedative; as required. Oats has demonstrated its usefulness in the weaning of cigarette, tranquilizers and antidepressants. It reduces inflammation, increases pain tolerance and facilitates the movement of nerve impulses throughout the body. Beyond the nervous and muscular system, Oats brings countless benefits to the whole body.

#### Scullcap Herb

Restorer of the nervous balance, Skullcap soothes or invigorates, if needed. It revitalizes the nervous system by nourishing and restoring the cells. It allows hypersensitive people to feel less affected by their environment, whether it is from an emotional, meteorological, electromagnetic or other order. By alleviating the tendency to addiction, Skullcap herb is all set to face a withdrawal. It reduces nervous disorders such as involuntary movements, excitability, irritation, persistent fatigue and exhaustion. With its relaxing effect, it calms the stress states, anxiety, panic, obsessive thoughts, sexual excitement, as well as headaches and pain. Skullcap improves memory and concentration, and offers good support to women affected by imbalances and disorders related to the reproductive system.

# CAUTION



# OCEANA - 946 ml

OCEANA sets the standard of excellence in liquid mineral nutrition. A unique blend of edible seaweeds harvested in the purest waters on the planet. Contains 72 organic minerals.

# CARACTERISTICS

OCEANA contains herbs that are traditionally used as a high source of vitamins, proteins, minerals and trace elements. The algae contained in this formula contains more calcium than milk, proteins and eggs; more iron than spinach; not to mention the presence of magnesium, a natural anti-stress and anti-aging. The nutritional quality of these algae make them one of the most nutritious and interesting food supplement. Their high iodine concentration is an indispensable asset to the proper functioning of the body, especially for the thyroid gland. OCEANA acts as antioxidant, prevents certain cancers, cardiovascular diseases, neurodegenerative diseases and addresses some of the stomach and intestine conditions in addition to preventing bacteria from attaching and proliferate therein. This complex relieves inflammation and helps restore the acid-base balance of the body. It contains pectin that slows the absorption of sugar. It also promotes weight loss .

# DIRECTIONS

- Nutritional supplement. Adults: 2 tablespoons (30 ml) daily or as directed
- by a healthcare professional. Children age 4 and older: 1 teaspoon daily.
- OCEANA may be added to 8 ounces of fresh juice or purified water.
- Shake well before using.

# WARNINGS

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding.

# **INGREDIENTS/DESCRIPTIONS**

#### Aloe Vera Juice

Aloe Vera protects all mucous membranes of the digestive system from gum inflammation to the irritation of the colon. In addition to healing, it allows the cells involved in the immune and inflammatory response to regularize to neutralize the attacks of all kinds and promote drainage of toxins from the liver before being eliminated by the intestines. It enables improved digestion, reduces putrefaction, bad breath, bloating and bowel irritation. The vitality and appearance of the skin are also favored by the elimination of intestinal content.

#### Sea Life Blend

Ulva Lactuca, Ulva Linza, Fucus Gardneri, Nereoscystis Luetkena, Costaria Costata, Laminaria, Gigartina Exasperata and Alaria Valida.







High source of vitamins, proteins, minerals and trace elements, these algae contains more calcium than milk, more protein than eggs, more iron than spinach, not to mention the presence of magnesium, an anti-stress and antinatural aging. Their nutritional quality makes these algae one of the most interesting food supplement. Their high content of iodine is an essential asset to the proper functioning of the body, especially in the thyroid gland. Stimulant for metabolic exchanges, they possess also antioxidants, some of which exist nowhere else. These are effective in preventing the growth of cancer cells and useful in the prevention or treatment of degenerative diseases.

#### Honey

Like any antioxidant, Honey prevents certain cancers, cardiovascular and neurodegenerative diseases. It disables the oxidized molecules in the body, such as free radicals, and reduces the time of intoxication following the consumption of alcohol. It prevents and overcomes some stomach and intestine disorders in addition to preventing the bacteria from attaching and proliferating therein.

#### Black Cherry Concentrate

This fruit has been recognized as an antioxidant allowing the immune system to neutralize the effect of stress that causes free radicals in the body. Among others, it slows the oxidation of cholesterol and proliferation of cancer cells. It relieves inflammation, promotes muscle recovery during intense exercise and helps to restore the acid-alkaline balance of the body. Its calming effect on the nervous system allows relaxation, better concentration and restful sleep. Black Cherry helps to regulate the liver and stomach. It contains pectin that slows the absorption prevents harmful substances present in the intestine to be absorbed by the body. Combined with its stimulant effect on the eliminatory organs, this fruit promotes weight loss.

# CAUTION





# High source of antioxidants.

# **CHARACTERISTICS**

These herbs are traditionally used for their antioxidant effect. This formula allows the immune system to neutralize the effect of stresscausing free radicals in the body. It slows the oxidation of cholesterol and proliferation of cancer cells. It relieves inflammation, promotes muscle recovery during intense exercise and helps to restore the acid-base balance of the body. Its calming effect on the nervous system allows relaxation, better concentration and restful sleep. OXY-VITA is beneficial to the liver and stomach. It contains pectin that slows the absorption of sugar and prevents harmful substances from the intestine to be absorbed by the body. Combined to its stimulating effect on the cleaning organs, this formula promotes weight loss.

# DIRECTIONS

- Mix one tablespoon with a cup of water. Use as a sweetener in teas and
- other drinks instead of sugar. Refrigerate after opening.

# **INGREDIENTS/DESCRIPTIONS**

#### Black Cherry

This fruit has been recognized as an antioxidant allowing the immune system to neutralize the effect of stress that causes free radicals in the body. Among others, it slows the oxidation of cholesterol and proliferation of cancer cells. It relieves inflammation, promotes muscle recovery during intense exercise and helps to restore the acid-alkaline balance of the body. Its calming effect on the nervous system allows relaxation, better concentration and restful sleep. Black Cherry helps to regulate the liver and stomach. It contains pectin that slows the absorption and prevents harmful substances present in the intestine to be absorbed by the body. Combined with its stimulant effect on the eliminatory organs, this fruit promotes weight loss.

# CAUTION









# Alkaline formula to neutralize acidity.

# **CHARACTERISTICS**

These herbs are traditionally used to help neutralize toxic elements. Being a blood purifier, this formula helps to detoxify the intra and extra cellular fluids. Its action is slowly but surely towards the decongestion of the lymph and intestine. The immune system is stimulated and promotes elimination of many viruses, carcinogens, and has an effect on existing tumors. PHT relieves pain and inflammation, helps regulate glucose levels in the blood, stops joint disorders and is effective for chronic skin conditions. It soothes the irritation of the mucous membranes of the digestive system as well as those of the respiratory tract. It supports healing and allows the removal of secretions, tissue healing and better recovery in general. PHT facilitates digestion, reduces bad breath, bloating, flatulence and belching. It acts on the liver to stimulate the secretion of bile and thus discharge the contents of the biliary tract. It stimulates the physiological activity in general.



# DIRECTIONS

- Add one teaspoon per cup. Simmer 5 to 8 minutes, set aside and let
- steep 10 to 15 minutes.

# **INGREDIENTS/DESCRIPTIONS**

#### Burdock Root

Powerful blood purifier, Burdock helps to detoxify the intra and extra cellular fluids. Its components have the ability to effectively neutralize the toxic elements, including radioactive isotopes. The urinary system being well supported, a clear improvement in its affections is noticed and the elimination of highly acidifying substances is facilitated. The work of Burdock is slowly and surely works towards the lymphatic and intestinal decongestion. Slightly stimulated the immune system promotes a gradual elimination of many carcinogen substances and has an effect on existing tumors by enabling their elimination and reducing their recurrence. It helps to regulate glucose levels in the blood, to stop joint problems and is effective for chronic skin conditions.

#### White Oak Bark

Triggering factor of the immune system, this herb supports the body in eliminating toxins, especially in the case of copper, lead or mercury poisoning. Being astringent, it regulates the excessive elimination by calming the intestinal mucosa while relieving irritations of the throat and tonsils.

#### Plantain

By dispersing heat, this herb has the ability to decrease the production of mucus and reduce coughing. It also helps eliminate poisons present in the blood, including mercury. The plantain is indicated for ailments of the urinary system, from the elimination of uric acid to the involuntary urination through inflammations and infections. Effective from one end to the other of the digestive tract, it repairs the lining by relieving abscesses and ulcers while regulating stool consistency.





# Comfrey Leaf

Outstanding repairer, Comfrey soothes irritation of the mucous membranes of the digestive system as well as those of the respiratory tract. It allows the removal of secretions, tissue healing and a better recovery in general. From reconstruction of bone structure to the veins through the tendons, ligaments and joints, this herb does not give its place when it comes to support healing.

#### **Black Walnut Hulls**

Defender of choice, Black Walnut seems to be an obstacle to any organism or undesirable condition that intends to settle in humans, both internally and on the surface of the skin. All discomfort caused by the presence of invaders, from the smallest parasite to the most dazzling virus, through acne, lice, fungi and worms ... find a great opponent in this powerful plant.

#### Marshmallow Root

Emollient by excellence, marshmallow soothes, relieves and moisturizes. It quenches thirst, calms sore or painful throat and supports the respiratory system when affected. All mucous membranes of the body are targeted, but the urinary system has a special affinity with marshmallow. It helps to pass kidney stones and reduce irritation.

#### White Willow Bark

Made up mainly of salicylic acid (the precursor of aspirin), White Willow Bark has an analgesic effect that inhibits prostaglandin production, relieves fever and relieves pain without thinning the blood and irritate the mucous of the stomach. It relieves inflammation, increases joint flexibility and is effective for arthritis and rheumatism. Its beneficial action is to prevent night sweats and hot flashes.

#### **Red Root**

Particularly effective when it comes to the respiratory tract, Red Root evokes the elimination of secretions by stimulating a productive cough. It calms the irritation of the throat and lungs, treats asthma and restores an inflamed bowel movement. It is also known to stabilize high blood pressure.

#### Spearmint

Stimulating, Spearmint aids digestion. At the same time, it reduces bad breath, bloating, flatulence and belching. It acts on the liver to stimulate the secretion of bile and thus discharge the contents of the biliary tract. Its expectorant action removes excess mucus, soothes congestion and inflammation of the respiratory system. Spearmint helps to reduce nervousness while stimulating physical activity.

# CAUTION





Eliminates parasites and supports the immune system.

# **CHARACTERISTICS**

PR1 contains herbs that are traditionally used to stimulate the immune system and promote the development and fixing strains of beneficial enzymes. The intestinal flora is enriched and strengthened, which supports the body during viral, bacterial or fungal infections. This formula stimulates the production of white blood cells; guardian against infections, viruses, epidemics and colds. PR1 protects connective tissue by stimulating their regeneration. It acts as an antiviral and has an action as much on Hepatitis C than on influenza and HIV. It shows useful in cases of chronic fatigue.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant or
- breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# INGREDIENTS/DESCRIPTIONS

#### Pau D'Arco Bark

This Inca sacred tree bark seems to be dedicated to the immune system. By promoting the development and fixing the strains of beneficial enzymes, intestinal flora is enriched and strengthened, which support the body during viral, bacterial or fungal infections. It calms inflammation, treats injuries, accompanies fever, aids with snakebites, inhibits the presence of tumors and improves chronic fatigue conditions.

#### Thyme Leaf

Being aromatic, this herb is full of benefits for the body: First by invigorating its natural defenses, then allowing it to eliminate what does not suit him through all its elimination organs, and finally, in calming and soothing for a better recovery. Thyme stimulates among others the production of white blood cells, protects against infections, viruses, epidemics and colds. It also helps to have clearer and brighter thoughts as well as slowing the aging process that causes all kinds of discomfort.







# Black Walnut Hulls

Defender of choice, Black Walnut seems to be an obstacle to any organism or undesirable condition that intends to settle in humans, both internally and on the surface of the skin. All discomfort caused by the presence of invaders, from the smallest parasite to the most dazzling virus, through acne, lice, fungi and worms ... find a great opponent in this powerful plant.

#### **Ginger Root**

A warming spice, in addition to promoting appetite and digestion, ginger activates the lymphatic system to reduce any possible stagnation. By promoting sweating, it supports the body particularly well during a fever. Decongestant and fluidizing for the blood and mucus, it lowers cholesterol, reduces pain and inflammation. Beneficial for the entire system, ginger is useful in cases of nausea, vomiting and motion sickness.

#### Echinacea Angustifolia

Remarkable stimulant for the immune system, Echinacea reminds it to be vigilant. It protects the connective tissue by stimulating its regeneration and providing a resistance to pathogens by blocking their access to the cells to allow the body to prevent their development. In this way, several types of bacteria, all viruses, parasites, yeast, malignant tumors, and even cells of transplanted organs are substantially diverted, allowing all types of infection and inflammation, might it be in joints or the respiratory tract, throat and ears to be resolved.

#### Usnea Lichen

Acting as a sentinel looking out for bacteria and fungi to eliminate, the components of Usnea Lichen however maintains intestinal flora attacking only undesirable microorganisms. Its expectorant action makes it also helpful for any lung condition.

#### Lomathium Root

Being an antiviral active just as much as for hepatitis C than for flu and HIV, the Lomathium Root has an equally effective antibacterial effect useful in cases of chronic fatigue.

# CAUTION





Powerfully eliminates parasites and supports the immune system.

# **CHARACTERISTICS**

PR2 contains herbs traditionally used to help the body eliminate unwanted worms (roundworms and pinworms). This formula proves to be a one of the most potent vermifuge. It promotes the development and fixing strains of beneficial enzymes, which enhances intestinal flora and support the body during viral, bacterial or fungal infections. It calms inflammation, treat injuries, accompanies fever, heals snakebites, inhibits the presence of tumors and improve chronic fatigue states. It allows the intestines to better eliminate infectious agents and avoid stagnation. PR2 helps circulate and decongestion lymph, which help remove toxins, reduce the risk of swelling, prevent metastasis, while improving skin condition.

#### DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# INGREDIENTS/DESCRIPTIONS

#### Wormwood Herb

In addition to helping the body eliminates unwanted worms (roundworms and pinworms), this bitter herb increases tolerance to gastric acidity and improves the process of digestion and absorption of food. Recommended in cases of anemia, fatigue or during convalescence, Wormwood eases painful menstruations. It easily fights fever and helps with nausea caused by seasickness.

#### Male Fern Root

One of the most powerful vermifuge, Male Fern Root literally paralyzes the muscles of the worms such as tapeworm, which requires them to detach from the intestinal wall.





# PR2 - 60 ml

# Parsley Leaf

It allows an unobstructed breathing and improves bad breath. The diuretic effect of parsley causes increased blood flow and in turn, increases its filtration through the kidney. In women, it improves the quality of menstruation, breastfeeding and libido. It reduces bone loss and provides nutrients to the body throughout the pregnancy. In men, it helps to restore fertility and prostate disorders. It greatly supports all the organs of the abdomen by providing nutrition and vitality.

#### Cloves

Stimulating spice, Clove allows the immune system to get rid of parasites and deadly viral diseases. It provides relief from some bothersome digestive disorders, prevents vomiting, soothes cough and helps restore memory. Both aphrodisiac and stimulant for uterine contractions, it relieves some local pain, such as toothaches.

#### Pau D'Arco Bark

This Inca sacred tree bark seems to be dedicated to the immune system. By promoting the development and fixing the strains of beneficial enzymes, intestinal flora is enriched and strengthened, which support the body during viral, bacterial or fungal infections. It calms inflammation, treats injuries, relieves fever, aids with snakebites, inhibits the presence of tumors and improves chronic fatigue conditions.

#### **Tansy Herb**

Particularly effective for the digestive system, Tansy herb eliminates intestinal worms. It also promotes menstrual flow and triggers menstruation.

#### Cascara Sagrada Bark

The digestive tract is pampered from the direct action that this bark accomplishes on the lining of the intestine. It fortifies the muscles of the colon, tones and regularizes bowel movements, by its laxative effect. More activity means better elimination, including infectious agents. Cascara Sagrada also causes an increase in bile production, improving the functions of the stomach and efficiency in cough in order to clear the airway.

#### **Ginger Root**

A warming spice, in addition to promoting appetite and digestion, ginger activates the lymphatic system to reduce any possible stagnation. By promoting sweating, it supports the body particularly well during a fever. Decongestant and fluidizing for the blood and mucus, it lowers cholesterol, reduces pain and inflammation. Beneficial for the entire system, ginger is useful in cases of nausea, vomiting and motion sickness.

#### Calendula Flower

Helps to circulate and clear the lymph, which aids in removing toxins, reducing the risk of swelling, preventing metastasis, while improving skin condition. Effective against all infections, it also resolves the inflammation of the digestive system while reducing the leaky gut syndrome. Calendula flower activates recovery of the liver and gallbladder.

# CAUTION



# REGENERATION 2 - 300g

Contains the finest blend of whole foods from both land and sea. Formulated to include superfoods with a full spectrum of vitamins and minerals and manufactured by Mother Nature.

# **CHARACTERISTICS**

REGEN II contains herbs that are traditionally used to remineralize the body. This formula contains calcium, phosphorus and magnesium in the same proportions as milk. Also rich in chlorophyll, proteins and trace elements, its remineralizing effect acts as much on the digestive system than on nerve functions. This product increases the immune defense while reducing the excessive response to certain allergens. It favors the elimination of heavy metals, while cleaning the intestinal flora by stimulating cell reproduction. It is full of enzymes that are involved in the degradation of proteins, sugars and fats in the intestine. It accelerates the metabolism while providing a large amount of iron and vitamins A and C. REGEN II helps to regulate the thyroid gland which is actively involved in the use of calcium in the body. This is an excellent appetite suppressant that provides a good dose of energy.

# <section-header>

# DIRECTIONS

- Mix one teaspoon into 6-8 ounces of water or juice. Gradually increase
- of 2-3 servings daily.

# DESCRIPTION

#### Spirulina Powder

This algae owes its name to its spiral shape. It contains calcium, phosphorus and magnesium in the same proportions as milk. Also rich in chlorophyll and trace elements, its mineralizing effect acts as much on the digestive system than on nerve functions. It increases immunity while reducing excessive reaction to certain allergens. Spirulina promotes the production of enzymes in saliva that deactivate toxic agents present in food. Its antioxidant effect protects cells from damage by free radicals often responsible for premature aging, the appearance of cancer cells as well as their proliferation. By lowering the cholesterol in blood, it also prevents the formation of blood clots.

#### Chlorella

Mineralizing microalgae, Chlorella is the most chlorophyll-rich plant. It allows body oxygenation, its detoxification and the maintenance of its acid-alkaline balance. It promotes the elimination of heavy metals, while cleaning the intestinal flora by stimulating cell reproduction. Chlorella increases strength and gives energy. It is a high-rank dietary supplement that contains all of the essential elements. 58% of its weight consists of proteins.

# **Rice Bran Solubles**

The soluble fibers that are contained in the Rice Bran protect the integrity of the cells, particularly those of the nervous system. They reduce the presence of glucose in the blood, lower blood pressure and cholesterol levels. They prevent gastric ulcers and inhibit the growth of cancer cells.

# Wheat Grass Juice and Wheat Grass Leaf

Source of high quality nutrients, wheat grass is easily assimilated by the body. Its digestion requires very little energy, making it a food of choice for weaker people. Its concentration of vitamins, minerals, trace elements, amino acids and enzymes promotes cell renewal and the formation of red blood cells. Its high chlorophyll content makes it an antioxidant, immune system stimulant, an alkalizing, detoxifying and



# REGENERATION 2 - 300g

toning substance for the entire body by supporting tissue regeneration and the return to equilibrium of the body.

# Barley Grass Juice and Barley Grass Leaf

Thanks to its high chlorophyll concentration, barley grass is one of the most alkalizing. This complete food, rich in vitamins, minerals, amino acids and enzymes has the same pH as human breast milk. This herb has the ability to cleanse the body and eliminate toxins and heavy metals at the same time as regularizing the functions and balance of the body. To keep fit both physically and intellectually, barley grass has no comparison. Increased energy, better appearance, increased memory and concentration, barley helps to fight against depression while boosting the immune system

# Alfalfa Leaf Juice

Easily assimilated, this food is one of the most nutritious. It protects the cells from the damage caused by free radicals. Powerful antioxidant, it stimulates re-mineralization, slows premature aging of the organs while regulating the blood cholesterol level. Reproductive system tonic, alfalfa provides effective supports to menstrual and the transition of menopause cycles. A tonic for the reproductive system, alfalfa provides effective supports to menstrual cycles and the transition to menopause.

# **Dandelion juice**

Alkalizing and mineralizing, dandelion increases the contractility of the gallbladder and acts directly on the liver to increase the production of bile. It acts on kidney stones, either for prevention or in a cure. It regulates intestinal function and increases urinary activity. Cleansing and elimination herb, it regulates the glucose level by reducing its absorption by the intestines, while allowing the elimination of waste in the blood, thereby improving the pressure and reduces the cholesterol level. Since Dandelion gently stimulates lymphatic activity, it rectifies acute or chronic diseases and general toxic states.

# **Oat Grass Juice**

Useful in cases of exhaustion, malnutrition or after a weight loss, this concentrated tonic in minerals and other nourishing nutrients is beneficial to both the nervous system and the whole body. The chlorophyll it contains works the same way as blood hemoglobin which is responsible for transporting oxygen and nutrients by always prioritizing the most important places. These nutrients help to strengthen the immune system, detoxify the body, balance the excess acidity, lower cholesterol and prevent cancer. The oat grass is an interesting food to regain energy and increase endurance.

# Acerola Cherry Extract

Tart in flavor, Acerola Cherry is known for its richness in vitamin C and iron. It helps to reduce the effects of stress and seasonal changes. It helps the body maintain the integrity of its cells by antagonizing the action of free radicals. The Acerola Cherry accelerates healing, enhances cartilage, renders the bones resistant and gives elasticity to the skin.

#### **Bee Pollen Powder**

Genetic fingerprinting of the plant, Pollen is a stimulant and a tonic that acts slowly but surely in the body. Source of energy, it contains many beneficial elements such as good concentration of vitamins and minerals. It improves memory, strengthens the immune system and protects the intestines against the appearance of lesions. Bee Pollen decreases hot flashes during menopause and relieves prostate diseases.

#### Green Papaya Enzyme

Exotic fruit, Green Papaya is full of enzymes involved in the degradation of proteins, sugars and fats in the intestine. Thus, it accelerates the metabolism while providing a large amount of vitamin A and C, known to reduce the risk of cardiovascular disorders, cancers and chronic diseases. Green Papaya goes well with a weight loss program, because in addition to aid digestion, it promotes the expulsion of toxins. It stimulates the production of female hormones, including those that affect the development of mammary glands. It also acts on the skin to lighten and moisturize it.

# Nova Scotia Dulse

Red algae, Dulse is rich in vitamins, minerals and trace elements. It helps regulate the thyroid gland actively involved in the use of calcium in the body. It lowers blood pressure, improves immune response and prevents several kinds of tumors and cancers. In the digestive system, it slows the absorption of cholesterol and promotes elimination. This is an excellent appetite suppressant that provides a good dose of energy.

# CAUTION

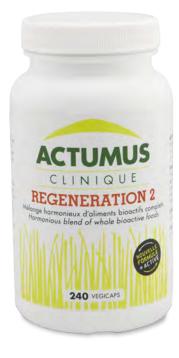


# REGENERATION 2 - 240 caps

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# CARACTERISTICS

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# DIRECTIONS

Take two capsules with each meal as a dietary supplement.

# **INGREDIENTS/DESCRIPTIONS**

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# REGENERATION 2 - 240 caps

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# CAUTION





Supports and enhances the urinary and renal system.

# **CHARACTERISTICS**

REN contains herbs that are traditionally used to fight infections and irritation of the urinary tract by increasing the volume of urine. This formula fights against the formation of kidney stones and hinders their development. Its effect helps to reduce water retention and blood pressure without causing a loss of potassium. It restores the organs of the urinary system by removing inflammation and restoring their duties. It is perfect for prostate and all male disorders. It protects the kidney tissues and increase excretion of uric acid, hydrogen ions and nitrogenous wastes. REN helps fight drowziness that occurs after a meal and is useful for difficult digestion, flatulence and bloating by promoting the secretion of gastric juice and expelling gas. Alkalizing and remineralising, this formula increases the contractility of the gallbladder and acts directly on the liver to increase the production of bile. It increases the metabolic functions and improves nutrient absorption.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# INGREDIENTS/DESCRIPTIONS

- Couch Grass Rhizome
- Its action, gentle yet effective, fights and protects against infection and irritation of the urinary tract by increasing the
- volume of urine. Couch Grass Rhizome helps prevent the formation of kidney stones and to slow its development.







# Corn Silk

Diuretic; Corn Silk increases the volume of urine, which helps reduce water retention and blood pressure without causing a loss of potassium. It restores the organs of the urinary system by removing inflammation and restoring their functions. It is perfect for prostate and male disorders.

#### **Pipsissewa Leaves**

Compared to other herbal diuretics, it is kinder to the stomach. Like the others, it increases the volume of urine, which stimulates the discharge of organic waste and relieves the symptoms of inflammation. Useful for all urinary ailments including kidney stones.

#### **Stinging Nettle Herb**

Masterful herb for the whole body, Nettle restores strength, courage and vitality by stimulating the body. It lifts the spirits by working slowly but surely. It protects the kidney tissues and increase excretion of uric acid, hydrogen ions and nitrogenous wastes. This is definitely an alkalizing plant with many virtues, supporting as much of the digestive system than the respiratory and endocrine system, passing through the skin and all its conditions.

#### **Coriander Seed**

Stimulating, Coriander seed raises tonus of the body and fight drowsiness that occurs after a meal. It is useful for difficult digestion, flatulence and bloating by promoting the secretion of gastric juice and expelling gas. It is particularly effective for gastrointestinal disorders.

#### **Dandelion Leaf**

Alkalizing and mineralizing, Dandelion increases the contractility of the gallbladder and acts directly on the liver to increase the production of bile. It acts on kidney stones either for prevention or in a cure. It regulates intestinal function and increases urinary activity. Cleansing and elimination herb, it regulates the glucose level by reducing its absorption by the intestines, while allowing the elimination of waste in the blood, thereby improving the pressure and reducing the cholesterol level. Since Dandelion gently stimulates lymphatic activity, it rectifies acute or chronic diseases and general toxic states.

#### **Licorice Root**

Licorice root revitalizes the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and the resistance of several viruses, it allows the evacuation of the excess mucus in the body.

#### Gravel Root

By significantly increasing the amount of uric acid eliminated, this herb promotes the treatment of urinary disorders,

as well as the dissolution and removal of stones.

# CAUTION





# Fights pain and inflammation.

# **CHARACTERISTICS**

RLF contains herbs that are traditionally used to treat pain resulting from bruises, various injuries and menstrual pain. This formula has a relaxing effect on overstretched muscles, spasms or convulsions. It has a sedative effect that promotes sleep and dreams. It acts on muscle hypertension, psychological pressure and relieves chronic pain and calms anxiety. It allows the joints to get rid of accumulated toxins and reduces pain and inflammation. RLF is a healing agent and prevents the accumulation of lactic acid in muscles that work

harder than usual while promoting muscle relaxation.

# DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

# WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

# SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

# INGREDIENTS/DESCRIPTIONS

#### Corydalis Root

Analgesic and sedative, Corydalis root treats pain, ranging from appendicitis to ulcers. It reduces pain resulting from bruises, various injuries and menstrual pain. It has a relaxing effect on muscles that are overstretched by pain, spasms or convulsions.

#### Wild Lettuce Herb

Once considered a magical plant, Wild Lettuce is a sedative herb that promotes sleep and dreams. Calming nervous states and even overexcitement, it also removes spasms and pain.

#### Kava Kava Root

Having an action on muscular or psychological hypertension, Kava Kava root decreases the sensitivity of muscles, soothes chronic pain and calms anxiety. It allows the joints to get rid of accumulated toxins thus reducing pain and







inflammation. The Kava Kava root also prevents urinary tract infections.

## Valerian Root

Natural sleeping aid, Valerian relaxes the central nervous system and smooth muscles. It promotes healing in case of accident, withdrawal or surgery by relaxing the muscles inclined to contract permanently to avoid pain or react to stress. It calms the tensions related to digestion and premenstrual syndrome, regulates the heart rate and lowers blood pressure when it is too high.

## St. John's Wort Herb and Flower

Well suited as an emergency treatment to a long-term care, St. John's Wort is suited to deal with many nervous disorders such as depression, anxiety, irritability, sleep disorders, apathy and nervous disorders related to menopause. It is an incomparable healing agent when it comes to sunburn, burns, abrasions, sores, sprains, bruising, chaps, cracks, stings, herpes, shingles, diaper rash and even old scars. It reduces pain and prevents infections. It is also great for treating digestive disorders by reducing inflammation, healing ulcers and keep intestinal worms away. It prevents the accumulation of lactic acid in the muscles that works harder than usual while promoting muscle relaxation. It relieves menstrual pain, rectify incontinence and other urinary disorders.

## CAUTION





Supports and enhances liver and spleen functions.

## **CHARACTERISTICS**

SPL contains herbs that are traditionally used to decrease the amount of toxins in the blood by its cleansing and oxygenating action. The functions of the liver and intestine are stimulated, organs cleaned, and the removal is facilitated. This renewal allows the entire body to gain strength and vitality. This formula treats the entire digestive system and allows optimum assimilation of ingested food. Bitter tonic, it increases the digestive capacity by stimulating bile, saliva and stomach secretions. It provokes appetite thus keeping at bay disorders of the digestive tract caused by the presence of certain parasites. This product tones the intestinal mucosa and regulates bowel elimination when it is too frequent or too liquid.

## DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

## WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

## SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- $150-225 \text{ lbs} = 1 \frac{1}{2} \text{ dropper}$
- 225-300 lbs = 2 dropper

## **INGREDIENTS/DESCRIPTIONS**

#### Red Root

Particularly effective when it comes to the respiratory tract, Red Root evokes the elimination of secretions by stimulating a productive cough. It calms the irritation of the throat and lungs, treats asthma and restores an inflamed bowel movement. It is also known to stabilize high blood pressure.

## Wood Betony Herb

To support the nervous system, the Wood Betony is indicated. Whether for an acute or chronic disorder, it soothes and restores all aspects of the nervous system, from the brain to the periphery. It harmonizes mood, reduces pain, tension and anxiety. Suitable for those who are exhausted, depressed, had an aneurysm, a stroke or during a high







fever. The proper functioning of the brain is greatly enhanced with this herb which also has beneficial effects on the digestive system. By repairing, harmonizing and strengthening all digestive functions, Wood Betony provides optimal assimilation of ingested food. By its action on the nervous system, it also affects the quality of menstruation and can be found useful in cases of difficult delivery.

#### Quassia Bark

Bitter tonic, the bark of this shrub increases the digestive capacity by stimulating bile, saliva and stomach secretions. It evokes appetite, improves the absorption and utilization of nutrients by the body, while keeping at bay diseases of the digestive tract caused by the presence of certain parasites.

## Witch Hazel Bark

Known for toning the intestinal mucus membrane, Witch Hazel bark is a coagulant for all types of hemorrhages. It regulates bowel elimination when it is too frequent or too liquid.

#### Yellow Dock Bark

One of the most assimilated iron sources by the body, Yellow Dock has the ability to decrease the amount of toxins in the blood by its cleansing and oxygenating action. Unwelcomed conditions of the skin and joints see themselves improved, the functions of the liver and intestine are stimulated, organs cleaned, and the removal is facilitated. This renewal allows the entire body to gain strength and vitality.

#### **Astragalus Root**

Protector of the adrenal cortex, Astragalus increases the body's resistance to stress and colds, as well as viral and bacterial infections. It promotes the production and maturation of red blood cells, reducing the risk of heart disease while increasing its endurance. It regulates excessive reactions of the immune system.

## **Bayberry Root Bark**

It promotes better blood circulation throughout the body. Bayberry Root Bark improves resistance to infections and takes care of the digestive system.

#### **Pokeweed Root**

Being a purgative, the Pokeweed decongests the lymph and promotes the elimination of toxins. Particularly effective in reducing inflammation in the joints, it contains proteins that act on viral infections, thereby reducing sore throat and swollen glands that usually accompany them.

## CAUTION





:

## Balances the glucose level.

## **CHARACTERISTICS**

SUL contains herbs that are traditionally used for their hypoglycemic effect which lowers the level of sugar in the blood. This formula helps restore pancreatic, the insulin producer, and at the same time reduces abdominal pain while working on major discomfort caused by inflammation. Being a bitter tonic, it increases the functions and secretions of the digestive system by stimulating the organs involved, including the liver and pancreas. This results in better assimilation and better utilization of ingested food for a stronger and more balanced system. SUL increases glucose tolerance while lowering the blood sugar which tends to rise after food intake.

## DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily

## WARNINGS

- Consult a healthcare practitioner prior to use if you are pregnant
- or breastfeeding.

## SUGGESTED USE BY WEIGHT

- 25-50 lbs = 1/3 dropper
- 50-75 lbs =  $\frac{1}{2}$  dropper
- 75-150 lbs = 1 dropper
- 150-225 lbs = 1 ½ dropper
- 225-300 lbs = 2 dropper

## **INGREDIENTS/DESCRIPTIONS**

## Devils Club Root Bark

Devils Club Root has a hypoglycemic effect which lowers the level of sugar in the blood. It helps eliminate effectively, relieves skin disorders and inhibits the proliferation of viruses, bacteria and unwanted yeasts.

## Juniper Berry

Particularly antiseptic, Juniper Berry brings reinforcement to the body against various pathogens. Their removal is facilitated by stimulating peristalsis, promoting at the same time the expulsion of intestinal gas and reducing bloating and belching. It helps to restore the pancreas, the insulin producer, and at the same time, reduces abdominal pain while working on the major discomfort caused by inflammation.







## Dandelion Root

Alkalizing and mineralizing, Dandelion increases the contractility of the gallbladder and acts directly on the liver to increase the production of bile. It acts on kidney stones either for prevention or in a cure. It regulates intestinal function and increases urinary activity. Cleansing and elimination herb, it regulates the glucose level by reducing its absorption by the intestines, while allowing the elimination of waste in the blood, thereby improving the pressure and reducing the cholesterol level. Since Dandelion gently stimulates lymphatic activity, it rectifies acute or chronic diseases and general toxic states.

## **Bilberry Leaf**

Effective antibacterial to treat infections of the urinary tract, Bilberry Leaf is also an effective tonic in cases of capillary fragility. It acts positively on varicose veins and hemorrhoids, and slightly lowers blood sugar.

#### **Burdock Root**

Powerful blood purifier, Burdock helps to detoxify the intra and extra cellular fluids. Its components have the ability to effectively neutralize the toxic elements, including radioactive isotopes. The urinary system being well supported, a clear improvement in its affections is noticed and the elimination of highly acidifying substances is facilitated. The work of Burdock is slowly and surely towards the lymphatic and intestinal decongestion. Slightly stimulated the immune system promotes a gradual elimination of many carcinogen substances and has an effect on existing tumors by enabling their elimination and reducing their recurrence. It helps to regulate glucose levels in the blood, to stop joint problems and is effective for chronic skin conditions.

#### Black Walnut Green Hull

Defender of choice, Black Walnut seems to be an obstacle to any organism or undesirable condition that intends to settle in humans, both internally and on the surface of the skin. All discomfort caused by the presence of invaders, from the smallest parasite to the most dazzling virus, through acne, lice, fungus and worms ... find a great opponent in this powerful plant.

## **Parsley Leaf**

It allows an unobstructed breathing and improves bad breath. The diuretic effect of parsley causes increased blood flow and in turn, increases its filtration through the kidney. In women, it improves the quality of menstruation, breastfeeding and libido. It reduces bone loss and provides nutrients to the body throughout the pregnancy. In men, it helps to restore fertility and prostate disorders. It greatly supports all the organs of the abdomen by providing nutrition and vitality.

## **Gentian Root**

Toning and bitter, Gentian root increases functions and secretions of the digestive system by stimulating the organs involved, including the liver and pancreas. This results in better assimilation and better utilization of ingested food for a stronger and more balanced system.

## Stevia Herb

If it can lower blood pressure and act on the virus responsible for most viral diarrhea, Stevia stands out for its ability to increase glucose tolerance while lowering the blood sugar that tends to rise after food intake.

## **Cayenne Fruit**

Powerful stimulant, Cayenne increases blood flow and the strength of heartbeat without making it beat too fast. Fantastic re-mineralizer, it nourishes blood vessels by restoring their elasticity. As more blood is distributed throughout the body, it then has a better nutritional intake at the cellular level, as well as a protection against damage caused by oxidation, deposits, blood clots and hardening of the arteries. It stimulates digestion and appetite, promotes absorption and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea. Its power against the invaders combined with its ability to liquefy and move matter makes it very useful for treating diseases of the lungs and throat, even when accompanied by a fever. It relieves headaches and can serve as an analgesic by blocking chemical messages of pain. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short; it gives a second life to the body.

## CAUTION





Supports and enhances the thyroid functions.

## **CHARACTERISTICS**

TYR contains herbs that are traditionally used to balance the thyroid gland. They are also beneficial to connected systems like the throat and respiratory systems. This formula improves fat metabolism and overcomes the associated skin problems. It regulates breathing and clears the airways. Its components allow drainage of radioactive heavy metals. TYR proves to be an incomparable tonic for all mucous membranes. This product soothes irritation while avoiding lymphatic congestion in the upper body, which allows the organs located in this region to operate more efficiently. It improves infections resistance and takes care of the digestive system. TYR has a stimulating effect and helps to eliminate fatigue, exhaustion, chills, laziness. As a purifier of the body, this formula heals glandular disorders and is an effective complementary treatment for overweight.

## DIRECTIONS

Shake well. Add to a small amount of water or juice 3 times daily.

## WARNINGS

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- or breastfeeding.

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## **INGREDIENTS/DESCRIPTIONS**

## Kelp Fronds

Kelp protects and restores the stomach wall to better tolerate gastric acidity. This action improves fat metabolism,

- promotes the absorption of fatty tissue and overcomes associated skin problems. It regulates breathing and clears the
- airways. Its components allow drainage of heavy metals and radioactive waste, as well as soothing the pain of small
- and medium joints.







## Mullein Herb

Unclogging and soothing, Mullein is a plant of choice for a thorough treatment of the respiratory system, but also a unique tonic for all mucous membranes. It soothes irritation while avoiding lymphatic congestion in the upper body, which allows the organs located in this region to operate more efficiently.

## **Bayberry Root Bark**

This bark promotes better blood circulation throughout the body. It improves resistance to infections and takes care of the digestive system.

## **Bugleweed Herb**

Regulator of the thyroid gland, Bugleweed is beneficial to strengthen tissues and calm heart palpitations.

## **Black Walnut Green Hulls**

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#### Irish Moss

Often used in cases of the respiratory system conditions, Irish Moss helps remove mucus and soothes dry and irritated mucous membranes and working similarly on the skin level. It tends to thin the blood, which is beneficial to the whole body.

## Cayenne Fruit

Powerful stimulant, Cayenne increases blood flow and the strength of heartbeat without making it beat too fast. Fantastic re-mineralizer, it nourishes blood vessels by restoring their elasticity. As more blood is distributed throughout the body, it then has a better nutritional intake at the cellular level, as well as a protection against damage caused by oxidation, deposits, blood clots and hardening of the arteries. It stimulates digestion and appetite, promotes absorption and moves stagnant food while fighting against parasites and bacteria that could cause infections or diarrhea. Its power against the invaders combined with its ability to liquefy and move matter makes it very useful for treating diseases of the lungs and throat, even when accompanied by a fever. It relieves headaches and can serve as an analgesic by blocking chemical messages of pain. Its stimulating effect helps to eliminate fatigue, exhaustion, chills, laziness ... In short; it gives a second life to the body.

#### Saw Palmetto Berries

Stimulant, this fruit promotes the growth of body tissues. It restores tonus and allows recovery in cases of fatigue and general weakness. As powerful for women as for men, its marked effect on the adrenal glands reduces prostate enlargement in men and promote the development of breasts in women. Saw Palmetto Berries sanitizes and strengthens the urinary system.

## Blue Flag Root

Purifier of the body, Blue Flag Root treats glandular disorders and is an effective complementary treatment of obesity. It stimulates the secretion of bile and overcomes the liver and stomach ailments. It favors urine production, as well as improves bowel elimination. It calms irritable skin, fights nausea and vomiting.

## CAUTION



URINEX - 60 ml....

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## Supports and improves the urinary system.

## **CHARACTERISTICS**

Urinex contains herbs that are traditionally used to increase the production and excretion of urine. These herbs eliminate stones, favor the expulsion of intestinal gas, reduce bloating, release abdominal tension and relax the muscles and sphincters. This formula is antiseptic and disinfectant as well as effective against various pathogens. Their removal is facilitated by the stimulation of peristalsis. This complex is gentle on the stomach. It is also a powerful blood purifier that helps to detoxify the fluids inside and outside the cells. It decongests the lymph and the intestines. It also soothes the inflammation of the digestive system while reducing the hyper permeability of the intestines. Emollient by excellence, Urinex soothes, relieves and moisturizes. It helps to quench thirst and soothes irritations. This formula protects kidney tissues and increases the excretion of uric acid.

## DIRECTIONS

- Take 20 to 30 drops of extract in small amount of water 3 to 4 times a
- day. Shake well before using.

## **INGREDIENTS/DESCRIPTIONS**

## Goldenrod

Specified to increase the production and excretion of urine, Goldenrod has the ability to clean out the urinary tract. Restoring mucous membranes and other tissues, stopping production and mucus discharge, dissolving and removing stones, whatever it takes to restore vitality to the system. Goldenrod alleviates hay fever or other forms of allergic rhinitis, as well as diseases of the respiratory system involving secretions. It promotes the expulsion of intestinal gas, reduces bloating, abdominal tension and relaxes the muscles and relaxes the sphincter.

## Uva ursi

Disinfectant and antiseptic, Uva Ursi improves all conditions marked by leakage or abnormal discharge. From urinary disorders through vaginal and sexually transmitted diseases and infections, this herb cleans and repairs the mucous membranes and other tissues. It also helps to whiten age spots and treat hyperpigmentation.

## Juniper Berry

Particularly antiseptic, Juniper Berry brings reinforcement to the body against various pathogens. Their removal is facilitated by stimulating peristalsis, promoting at the same time the expulsion of intestinal gas and reducing bloating and belching. It helps to restore the pancreas, the insulin producer, and at the same time, reduces abdominal pain while working on the major discomfort caused by inflammation.

## **Pipsissewa Leaves**

Compared to other herbal diuretics, it is kinder to the stomach. Like the others, it increases the volume of urine, which stimulates the discharge of organic waste and relieves the symptoms of inflammation. Useful for all urinary ailments including kidney stones.







## Burdock Root

Powerful blood purifier, Burdock helps to detoxify the intra and extra cellular fluids. Its components have the ability to effectively neutralize the toxic elements, including radioactive isotopes. The urinary system being well supported, a clear improvement in its affections is noticed and the elimination of highly acidifying substances is facilitated. The work of Burdock is slowly and surely towards the lymphatic and intestinal decongestion. Slightly stimulated the immune system promotes a gradual elimination of many carcinogen substances and has an effect on existing tumors by enabling their elimination and reducing their recurrence. It helps to regulate glucose levels in the blood, to stop joint problems and is effective for chronic skin conditions.

## Calendula Flower

Helps to circulate and clear the lymph, which aids in removing toxins, reducing the risk of swelling, preventing metastasis, while improving skin condition. Effective against all infections, it also resolves the inflammation of the digestive system while reducing the leaky gut syndrome. Calendula flower activates recovery of the liver and gallbladder.

#### Marshmallow Root

Emollient by excellence, marshmallow soothes, relieves and moisturizes. It quenches thirst, calms sore or painful throat and supports the respiratory system when affected. All mucous membranes of the body are targeted, but the urinary system has a special affinity with marshmallow root. It helps to pass kidney stones and reduce irritation.

## Stinging Nettle Leaves

Masterful herb for the whole body, Nettle restores strength, courage and vitality by stimulating the body. It lifts the spirits by working slowly but surely. It protects the kidney tissues and increase excretion of uric acid, hydrogen ions and nitrogenous wastes. This is definitely an alkalizing plant with many virtues, supporting as much of the digestive system than the respiratory and endocrine system, passing through the skin and all its conditions.

## CAUTION



## VITASPEC - 946 ml

Solvent and emulsifier that releases congestion in the intestine and soft tissues. Powerful catalyst that stimulates and supports hundreds of reactions in the body.

## **CHARACTERISTICS**

VITA SPEC contains herbs that are traditionally used to stimulate elimination, preventing the reabsorption of cholesterol and other toxins, thereby increasing vitality. This formula strengthens the immune system and is useful in case of allergies. It prevents the growth of cancer cells, fights fungal, microbial, viral and bacterial infections. Invigorating, it stimulates appetite, digestion and warms the system. It increases the use of insulin, which lowers blood glucose. This formula acts as an antiseptic to treat bad breath and gum inflammation. It stimulates peristalsis, protects the intestinal wall and has a toning effect which promotes the expulsion of gas, in addition to evacuate the excess mucus in the body. VITA SPEC supports the liver in its management of fat and a possible overload often responsible for the presence of gallstones. Its action causes the excretion of uric acid, the dissolution of the stones and alleviates irritation of the bladder and urethra. VITA SPEC increases the production of pancreatic enzymes and is a mild laxative.



## DIRECTIONS

Take 2 tablespoons (30 ml) in a cup of warm water at bedtime.

## **INGREDIENTS/DESCRIPTIONS**

## Yucca Schidigera

Exotic shrub of the palm family, Yucca increases the potential for recovery. It promotes the formation of cartilage, reduces inflammation, joint deformity, provides relief from a muscle sprain and restores mobility. It stimulates the elimination, which prevents the re-absorption of cholesterol and other toxins, thereby increasing vitality. Yucca strengthens the immune system and is useful in case of allergies. It prevents the growth of cancer cells, fights fungal, microbial, viral and bacterial infections. With its cleansing effect, it eliminates the inorganic components, such as calcium, stored in tissues and purifies the blood while regulating blood pressure.

## **Cinnamon Bark**

Invigorating, Cinnamon stimulates the appetite, digestion and warms the system. It increases the use of insulin, which lowers slightly blood glucose levels. Its ability to increase the temperature can cause sweating, which will soothe a rising fever and will move clear and abundant secretions while inhibiting the growth of parasites. It gives energy to the reproductive system and increases blood flow to the pelvic region, ranking it among aphrodisiacs. Cinnamon stimulates contractility and frequency of the heartbeat.

## Cloves

Stimulating spice, Clove allows the immune system to get rid of parasites and deadly viral diseases. It provides relief from some bothersome digestive disorders, prevents vomiting, soothes cough and helps restore memory. Both aphrodisiac and stimulant for uterine contractions, it relieves some local pain, such as toothaches.



## VITASPEC - 946 ml

## Rosehips

Containing 20 times more vitamin C than an orange, Rosehip is also rich in vitamin A and minerals. Its nutritional value is important and easily absorbed. It allows the body to better protect itself against infections and fatigue. In case of diarrhea, it quenches thirst and soothes gastrointestinal inflammation. It calms the bleeding as well as vaginal discharge. Rosehip regulates bladder function.

## **Peppermint Leaves**

Antiseptic commonly used to treat bad breath and inflamed gums; Peppermint clears the respiratory tract, sinuses and the lining of the ear. It stimulates circulation by dispersing the heat of the blood to the surface of the skin, which may cause slight sweating. It also stimulates peristalsis and protects the intestinal wall. It increases the secretions of the stomach and bile, provides relief with nausea, vomiting, indigestion as well as heartburn and inflammation of the intestines. Peppermint restores energy and relieves headaches while reducing muscular tension that contribute to back pain.

## Myrrh Gum

Used to treat bad breath and inflammation of mouth and esophagus, Myrrh Gum releases embedded lung secretions. It has a cleansing effect on the blood and its toning effect promotes the expulsion of gas while reducing digestive disorders.

## **Licorice Root**

Licorice root revitalizes the adrenal glands, protects the liver, increases metabolic functions and improves nutrient absorption. In addition to increasing the production of antibodies and the resistance of several viruses, it allows the evacuation of the excess mucus in the body.

## **Fennel Seeds**

Indicated to reduce heartburn and restore appetite, Fennel seed stimulates absorption and peristalsis of the intestine. By increasing the speed of digestion, it allows the system to better respond to indigestion and significantly reduce bloating, gases and cramps. Thanks to the components of this seed, the liver is supported in its management of fats and a possible overload often responsible for gallstones. Its action on the liver will also help to increase breast milk production while promoting its high fat content. Its relaxing action on the muscles reduces spasms that cause among others hiccups, shortness of breath, wheezing, cough and asthma. By a more efficient activity of the muco-ciliary cells, the amount of excess mucus is eliminated, which reduces sore throats and infections in the lungs and throat. At the level of the urinary system, fennel leads to a better excretion of uric acid, the dissolution of stones and alleviates irritation of the bladder and urethra. The reproductive system benefits from a stimulated libido, a growth of mammary glands and an increase in the mass of internal organs involved in reproduction.

## **Burdock Root**

Powerful blood purifier, Burdock helps to detoxify the intra and extra cellular fluids. Its components have the ability to effectively neutralize the toxic elements, including radioactive isotopes. The urinary system being well supported, a clear improvement in its affections is noticed and the elimination of highly acidifying substances is facilitated. The work of Burdock is slowly and surely towards the lymphatic and intestinal decongestion. Slightly stimulated the immune system promotes a gradual elimination of many carcinogen substances and has an effect on existing tumors by enabling their elimination and reducing their recurrence. It helps to regulate glucose levels in the blood, to stop joint problems and is effective for chronic skin conditions.

## Turmeric

As a powerful antioxidant, Turmeric regress cancer by suppressing the mutagenic effect of certain substances yet lengthening life expectancy of healthy cells. It slows the progression of HIV and even inhibits the growth of many bacteria. As a liquefier, it prevents the formation of clots and reduces blood cholesterol. Turmeric increases bile secretion of 100%, making it more soluble. It stimulates the gallbladder, protects the liver and prevents the formation of stones. It increases the production of pancreatic enzymes, protects the stomach lining and reduces all that is called inflammation



## VITASPEC - 946 ml ·····

## Wild Cherry Bark

Used for irritation caused by cough and dry throat, Wild Cherry bark allows recovery from indigestion while relieving irritation of the intestines. It is beneficial as much for diarrhea as for hemorrhoids.

## Elderberry

Elderberry flowers turn into small bunches of fruit with many virtues. These berries strengthen the immune system to make it effective against the development of viruses such as colds or flu. Their contribution to the elimination of excess heat also stimulates circulation, which increases blood oxygenation and elimination of toxins through perspiration. Being an antioxidant, Elderberry prevents potential damage to the cells. With its gentle action on peristalsis and antiseptic effect, it helps to address food poisoning. In the nervous system, it calms emotional states and promotes sleep.

## **Caraway Seeds**

Used for its aromatic qualities, Caraway is an expectorant that soothes coughs. It relieves the pain associated with menstruation and promotes lactation. Its bitterness stimulates appetite, refreshes breath and heals the digestive tract. Caraway seed regulates heartbeat disturbed by digestive disorders and also relieves colic, bloating and flatulence

## **Spanish Saffron**

Extracted from the Crocus flower, this spice treats indigestion and colic. It prevents blood clots that may obstruct in the veins and/or arteries. Saffron also has the ability to start menstruation, relieve abdominal pain and chronic uterine bleeding.

## **Carline Thistle Root**

Decorated with a tough flower that closes when wet or rainy days, the roots of Carline Thistle is used to stimulate appetite, relieve digestive problems, promote the secretion of bile and gallbladder contractility. It is a blood purifier that stimulates perspiration for better elimination.

## **Zedoary Root**

Plant of the turmeric family, Zedoary inherited its antioxidant power having the effect of limiting cancer progression. It improves digestion by keeping nausea, bloating and flatulence at bay.

## Manna

The sap of the Manna is a mild laxative that facilitates the expulsion of intestinal waste.

## CAUTION



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